What is Senior Reach®?

Support for the wellbeing, independence and dignity of older adults through community education, mental health services, and connection to community resources.

- It is a community program that identifies older adults who may need emotional or physical support and/or connection to community services.
- It is a simple way to help older adults get assistance before a serious crisis develops.
- It is a strong partnership between agencies, businesses and community minded individuals... like You!

Warning Signs That Someone May Need Assistance

Watch for the following signs that could indicate that an older adult is in need of help.

- **Mental State**: Confusion, disorientation, memory loss, repetitiveness
- **Physical**: Difficulty in seeing, hearing or walking, alcohol or substance abuse
- **Emotional**: Recent loss of spouse, appears depressed, anxious or withdrawn, loss of appetite
- **Social**: Isolated, possible victim of abuse, neglect or exploitation
- **Appearance**: Unkempt, dirty clothes, weight loss
- **Environment**: Home needs repair, trash or debris in yard, neglected pets.
- **Economic**: Confused about money matters and an inability to afford necessities.

If you want to refer a senior, volunteer, or get more information about Senior Reach® and issues that impact an older adult’s health, contact Senior Reach®:

303.853.3657  
www.seniorreach.org
Are You Concerned About an Older Person?

Why Senior Reach®?

With age comes new social, physical, and emotional challenges. Many seniors have the support of friends and family during difficult times while others do not. Some older adults have more difficulty and require more help, but may be reluctant to seek it or may not know where to go.

With the help of community members, called Community Partners, along with local service agencies, our purpose is to reach out to these older adults and provide the support that can truly make a difference.

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COMMUNITY REACH CENTER

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Serving Adults 60 and Older in Adams County

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Included in SAMHSA’s National Registry of Evidence-based Programs and Practices