

Integrated Care

Mountainland Pediatrics provides family-friendly care to children from birth to 17 years of age, and has for more than 20 years! Families feel comfortable here because we take the time to get to know them. Mountainland Pediatrics is conveniently co-located with Early Childhood Services.

Cavity Free at Three

is a program available at Mountainland Pediatrics — free with Medicaid and for a nominal charge without Medicaid. Includes first dental exam and fluoride treatment for ages 0-5 years.

Fit Family Challenge

offers families of children ages 6 through 12 a healthy and fun program designed to help achieve a balance of healthy activity and good.

Both programs are offered by Mountainland Pediatrics, co-located with Early Childhood Services in Thornton.

Hours:

Monday through Friday 8:00 am-7:00 pm
Closed for lunch 12:00-1:00 pm
303.430.0823

Services:

- Newborn/Infant Care
- Sick Child Visits
- Vaccinations
- Physicals
- Mental Health Assessments
- After-Hours Telephone
Service provided by Children's Hospital



**MOUNTAINLAND
PEDIATRICS**

www.MountainlandPeds.org

**Appointments available at either of
these Community Reach Center
Office Locations:**

MOUNTAINLAND PEDIATRICS BUILDING

8889 Fox Dr. Suite B
Thornton, CO 80260
303.853.3801



BRIGHTON LEARNING & RESOURCE CAMPUS

1850 Egbert St., Suite #200
Brighton, CO 80601
303.853.3600



HOURS FOR BOTH LOCATIONS:

Monday through Thursday 8:00 am-7:00 pm
Friday 8:00 am-5:00 pm



To learn more about
Community Reach Center,
visit CommunityReachCenter.org.



**COMMUNITY
REACH
CENTER**



**DEDICATED TO THE SOCIAL, EMOTIONAL,
AND BEHAVIORAL WELL-BEING OF CHILDREN
FROM INFANCY THROUGH AGE SIX.**

**EARLY CHILDHOOD
SERVICES**

303.853.3500
www.CommunityReachCenter.org

ABOUT EARLY CHILDHOOD SERVICES



Treatment Expertise

Our Early Childhood Services Team is dedicated to providing the highest quality, compassionate care in the most comfortable environment for every child. The professional team members bring expertise in individual, group and family therapy, as well as mental health consultation and care coordination in close collaboration with significant others in a child's life. Integrated mental health and occupational therapies are also available for children who qualify.

Services are provided in comfortable, child-friendly settings at several convenient locations throughout North Denver Metro with bilingual staff members.

- **Mountainland Pediatrics in Thornton**
- **Brighton Learning & Resource Campus**
- **Adams County child care centers and home care providers**



Compassionate Care?

We specialize in treating young children from infancy through age 6 and their families who need support with:

- Development close and healthy relationships.
- Regulating and expressing feelings such as fear, irritability, frustration, sadness, anger or anxiety.
- Developing strategies to address behaviors such as aggression, defiance, poor impulse control or difficulties adjusting to change.
- Managing stress-related symptoms, such as sleep or eating difficulties or challenges with bladder and/or bowel elimination.
- Managing responses to traumatic events, such as abuse/neglect, removal from home, family substance abuse, loss of a family member or parental mental health concerns.
- Pregnancy and post-partum support and counseling to help moms develop useful coping and emotional management skills promoting appropriate development and attachment between mom and baby.



Innovative Success

Therapists with the Early Childhood Services Team have extensive expertise in many evidence-based practices, including play and art therapy. Play therapy supports children in using their natural way of communicating and learning through play. Toys work like the child's words, and play is the child's language.

Through play and art therapy, children are encouraged to express their emotions, process their life experiences, learn new skills and develop new responses to their more challenging emotions. A positive relationship develops between the therapist and child that facilitates the sense of safety and acceptance necessary for healing and learning.

For more information contact:

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