Our Mission

“To enhance the health of OUR Community”

Our Values

We embrace and RESPECT the DIVERSITY of our COMMUNITY.

We create a SAFE environment that encourages INNOVATION.

We focus on building lasting RELATIONSHIPS, EXCELLENCE and COMPASSION.

We demonstrate good STEWARDSHIP and GRATITUDE.

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Mental health is a state of well-being in which an individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and is able to make a contribution to his or her community.

—World Health Organization

Early intervention for medical and mental health issues is a key component to better health. Community Reach Center has been a nationally recognized leader in early intervention programs and services for decades.

The real cost of untreated or undertreated mental health issues is substantial —$100 billion a year in lost productivity, according to the National Alliance on Mental Illness (NAMI). The better informed we are about recognizing signs and symptoms and how to access mental health care in our community, the healthier and more productive our communities will be.

That’s why early intervention of mental health concerns is the foundation for many Community Reach Center programs. This report highlights several innovative programs focused on early intervention — bringing positive impact to those we serve. It means getting back to life. Getting back to work. Getting back to school. Getting back to family. Getting back to friendships. Getting back to self-sufficiency. Getting back to a healthier state of being — Because Community Reach Center believes that every day matters to our consumers.

On behalf of the staff and board members of Community Reach Center, we are proud to present the Fiscal Year 2016 Annual Report. We encourage you to visit our website for more information about programs and resources at CommunityReachCenter.org

Sincerely,

Rick Doucet
Chief Executive Officer

Mike McIntosh
President, Community Reach Center Systems, Inc
Timing Does Matter

Timing does matter when it comes to better health. Early intervention for mental health concerns means that the sooner appropriate treatment can begin, the sooner a better quality of life for the individual can be realized. Intercepting individuals further upstream when their symptoms first emerge requires access to services in non-traditional settings, and support from others trained to provide crisis intervention, resources and a bridge to appropriate treatment. Early intercept is the foundation for many Community Reach Center programs.

The FY16 Annual Report highlights five programs that illustrate the concept of early intercept:

- Early Childhood Services
- School-based Therapy
- Integrated Care
- Crisis Intervention
- Mental Health First Aid
An average of 1 in 10 children and adolescents in the United States experiences a mental health issue each year. Left untreated, poor mental health can effect a child’s or teen’s ability to learn, develop friendships, engage well with their families and can even impact their safety.

**Early Intervention**
- In addition to outpatient office evaluations for children aged 0 to 6 years, therapists also assess youngsters in preschools, and provide consults to preschool staff and parents.
- ECS provides therapeutic support for women with pregnancy-related depression and anxiety. Because dads also need support, services focus on the whole family. Services can be provided in the home or in an outpatient setting – whichever is most desirable for the parents.
- Community Reach expanded ECS programming with the launch the Autism Spectrum Disorder (ASD) program in June 2016.

**Impact**
- Intercepting emerging behavioral health conditions in young children allows for delivery of immediate, age-appropriate treatment and nurtures effective coping strategies, problem-solving skills and healthy social engagement.
- Intercepting pregnancy-related depression and anxiety increases the likelihood of good parent/child attachment so vital to a child’s mental wellness and supports a more joyful parenting experience.
- Research strongly indicates that early, intensive intervention for children with ASD improves long-term outcomes in areas such as learning, communication and social skills.

**Reach**
- The ECS program treated 548 youngsters, provided 1,200 hours of consultation in support of children in foster or kinship care within Adams County Department of Human Services and served 34 parents with pregnancy-related depression and anxiety.
- Early childhood mental health consultants provided more than 1,500 hours of consultation for children, families, and providers at early child care and learning sites and home visiting programs—including screenings and referrals as needed.
- The ASD program has served 86 young clients since its launch.
School-based Therapy (SBT)

Community Reach Center operates the largest school-based services program in Colorado, helping students to learn to manage feelings of anxiety, depression, phobias and other emotional or behavioral health issues that may be interfering with their academic work. School-based services provide students in elementary, secondary schools and community colleges with convenient access to counseling and case management services, in the familiar setting of their school.

Early Intervention
- School-based therapists are embedded into more than 60 schools, spanning all five Adams County school districts.
- Recently, Community Reach expanded SBT services to include the I’m Going Places (IGP) program. IGP offers a mix of strength-based team building groups and individual student support to fortify resiliency, substance abuse refusal skills, healthier lifestyle choices and academic achievement.

Impact
- Early intercept and counseling, when necessary, leads to improved academic performance, avoidance of life-altering events such as criminal activity, better personal relationships, and smarter decision-making in young people.

Reach
- SBT served 3,883 students.
- IGP served 878 students.
Community Reach Center’s CIT program is designed to train law enforcement officers to recognize mental health issues, to enhance their verbal crisis de-escalation skills and to provide more streamlined access to community-based mental health services.

**Early Intervention**
- CIT is a nationwide 40-hour intensive training that gives law enforcement officers additional tools to better diffuse situations involving an individual experiencing a mental health crisis. When a CIT officer responds to a call involving a mental health crisis, it may provide an opportunity to divert the individual out of jail and into appropriate treatment—sometimes at the early onset of their mental health issue.

**Impact**
- Community Reach Center collaborates with law enforcement to support people with mental health concerns who are contacted as a consequence of their illness. CIT officers make hundreds of referrals for appropriate follow up every year. By connecting mental health consumers with needed community supports, there is a greater opportunity for positive intervention—consequently enhancing the well-being of the individual and the safety of the community.

**Reach**
- Community Reach Center provided CIT training for a total of 55 officers from Adams County Sheriff’s Office, and Aurora, Brighton, Commerce City, Northglenn, Thornton and Westminster Police Departments in FY16. The CIT program expanded its scope in 2016 to include an education component that provides training to our clinicians, the Adams County NAMI Friends and Family Support Group and community partners who serve those with mental health issues and who may come in contact with law enforcement.
Integrated Care

Community Reach Center is a leading integrated care partner in Colorado—meaning that mental health care, primary medical care and even dental providers are co-located and are able to consult on shared patients. Integrated care allows for illnesses to be identified sooner and treated by the appropriate care professionals when they emerge, and has the potential to reduce the duration and intensity of treatment required.

Although 80 percent of people with a mental health issue visit their primary care provider at least once a year, 67 percent do not receive treatment for their issue. Without access to a mental health provider who is integrated into their primary care office, more than half of all patients referred to a community mental health provider never make their first appointment.

Mental health disorders and physical illness often co-occur. Twenty-nine percent of adults with chronic medical concerns have or will develop mental health issues, and 68 percent of adults diagnosed with mental health issues also have medical concerns. The co-occurrence of mental health and medical illness results in higher mortality than either without the other.

Early Intervention

- Community Reach Center has 16 integrated care sites throughout Adams County, including the Commerce City Health Home and Community Reach Center’s pediatric primary care practice—Mountainland Pediatrics.
- Community Reach Center opened the Commerce City Health Home in 2016—one of only four locations in Colorado selected for the Bi-Directional Integrated Health Home Pilot as part of the Colorado SIM Practice Transformation strategy.

Impact

- More than 50 percent of all visits to primary care physicians in the U.S. are related to an emotional or behavioral health issue because symptoms often present as physical ailments, such as headaches, nausea, sleep disturbances and even chest pain. Accessing counseling services in the familiar setting of their doctor’s office at the onset of symptoms means that more people are able to receive the appropriate treatment necessary to maintain overall health and wellness.

Reach

- 7,009 consumer encounters were provided by the Integrated Care Program in FY16.
- Of the 5,729 children and families seen by Mountainland Pediatrics in FY16, 627 were also served by Mountainland’s behavioral health specialist.
- 270 consumers were served at the Commerce City Health Home between January and November 2016 by an integrated team comprised of medical and mental health providers.
MHFA is an eight-hour course designed for community members to learn risk factors and warning signs for mental health and addiction concerns, apply strategies to help someone experiencing emotional distress and serve as a bridge to appropriate care and resources.

**Early Intervention**
- There are many reasons for taking a MHFA class: sometimes people do not know when or how to ask for help; there is a suicide every 12.8 minutes; and we can all be more aware and better informed. The more people who become certified in MHFA, the more “boots on the ground” our communities will have to render assistance and support until professional help can be secured.
- All MHFA participants receive information about mental health and crisis intervention resources provided in their communities, increasing the likelihood that more individuals are being referred to treatment earlier in the onset of their issue.

**Impact**
- Outcome data collected from individuals upon completion of MHFA training between 2011 and 2016 indicated that nearly 43 percent of respondents agreed and 52 percent strongly agreed that they would assist a person experiencing a mental health problem or crisis to seek professional help, and connect the individual with community, peer and personal supports.

**Reach**
- Community Reach Center’s Mental Health First Aid Training team certified 400 community members in FY16 – including 101 police academy cadets.
- Community Reach Center’s MHFA Program expanded to provide the MHFA Public Safety training to all cadets enrolled at Commerce City’s Flatrock Regional Training Center—one of the top police academies in Colorado.
Awards and Events

Community Reach Center is honored to receive awards in recognition of excellence as a center as well as individual staff. Raising awareness for the many services and programs offered by Community Reach Center is paramount to enhancing the health of our community. At Community Reach Center, we have a number of annual events designed to raise awareness, support and funding for the Center. Our events are designed to build lasting relationships that will help us to continue delivering excellent and compassionate care to all.

Commission on Accreditation of Rehabilitation Facilities (CARF) Accreditation
Community Reach Center was awarded CARF accreditation in October 2016. Community Reach Center is the first community mental health system in Colorado to earn CARF accreditation for any of its programs. CARF International is an independent, nonprofit agency that issues accreditation for providers of health and human services. Accreditation assists providers in improving the quality of their services, demonstrating value and meeting internationally recognized organizational and program standards.

2016 Outstanding Non-Profit Organization
Community Reach Center was named the 2016 Outstanding Non-Profit Organization by the Governor’s Service Commission. The Governor’s Service Awards are presented to acknowledge those who embody the ideals of community service and have made a significant impact in the lives of Coloradans.

William Funk Award
Rick Doucet, CEO, was presented the William Funk Award by Colorado Non-Profit Association, in recognition of building stronger communities.

Outstanding Mental Health First Aid (MHFA) Program
Community Reach Center’s MHFA Program was awarded the 2016 Outstanding Mental Health Program from the Colorado Behavioral Healthcare Council.

2016 Advocacy for Impact Legislative Breakfast
Each year, Community Reach Center brings together key community leaders and partners, elected officials and our employees to increase awareness of the diverse and vast needs for mental health care within our community. As your community mental health center, we must often advocate for people and the programs and services they need in order for them to live the best life possible.

This year’s legislative breakfast featured keynote speaker Lieutenant Governor Donna Lynne who provided a “State of the State” address.

2016 Mary Ciancio Memorial Distinguished Service Award Dinner
Evelyn Schröth, Director of the C.A.R.E.S. Food Bank Program in Strasburg, won the 2016 Mary Ciancio Memorial Distinguished Service Award for contributing 8,001 volunteer hours over the past eight years.

Carole Peet and Sharon Maybee were each presented the Marjory Ball Mental Health Advocacy Award. Peet was recognized for her leadership in supporting the Colorado Crisis Services Walk-in Center in Westminster and for providing space at the 84th Avenue Neighborhood Health Center (formerly St. Anthony North Hospital.) Maybee was honored for her leadership in facilitating a partnership between the Commerce City Rotary Club and Community Reach Center in support of the club’s mental health initiative.
We are very pleased to honor the following people and organizations who generously contributed this year to make Every Day Matter

### $1,000 to $5,000

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<tr>
<th>Adams 12 Five Star Schools</th>
<th>City of Brighton</th>
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<tr>
<td>Adams County Commissioners</td>
<td>City of Commerce City</td>
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<td>Adams County Sheriffs Office</td>
<td>Corizon Health</td>
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<tr>
<td>Allied Recycled Aggregates</td>
<td>Dominion Diagnostics</td>
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<td>Ames Construction</td>
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<td>Henry Ham Insurance Company</td>
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<td>Horizons North Credit Union</td>
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<td>Bimbo Bakeries USA</td>
<td>Hyland Hills Parks and Recreation District</td>
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<td>Ciancio Ciancio Brown, P.C.</td>
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<td>Salud Family Health Centers</td>
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<td>Vista Management</td>
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### $500 to $999

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<tr>
<th>City of Northglenn</th>
<th>North Valley Bank</th>
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<tr>
<td>Dr. Don Cassata</td>
<td>Players Club</td>
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<td>Innovest Portfolio Solutions, LLC</td>
<td>Pollard Jeep Boulder</td>
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<td>Jeff Wilson</td>
<td>State Farm Companies Foundation</td>
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<tr>
<td>Mr. Robert Edmonds</td>
<td>Taggart Insurance</td>
</tr>
<tr>
<td>John Elway Chevrolet</td>
<td>Valley Crest Landscaping</td>
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<tr>
<td>Mary Ann Wisehart</td>
<td>Westminster Medical Clinic</td>
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Revenue
$43,613,539

The revenue noted above included support provided by Adams County, and the cities of Brighton, Commerce City, Northglenn and Thornton.

Expenses
$43,267,514

Community Reach Center provided more than $2.2 Million in charitable care for individuals unable to pay for services.
Served **15,051** unduplicated consumers in FY 2016 not counting those served at Adams County Jail and Crisis Services

*7,172 YOUTH  7,347 ADULTS  532 SENIORS*

### AGE
- **48%** YOUTH (0-17)
- **49%** ADULT (>18-59)
- **3%** SENIOR (>60)

### RACE/ETHNICITY
(Totals more than 100% as people may indicate multiple races)
- **5%** AMERICAN INDIAN
- **1%** ASIAN
- **5%** BLACK/AFRICAN AMERICAN
- **.5%** NATIVE HAWAIIAN
- **72%** WHITE
- **39%** HISPANIC

### NUMBER OF CONSUMERS SERVED PER MUNICIPALITY
- **BRIGHTON** 1,370
- **COMMERCE CITY** 2,206
- **FEDERAL HEIGHTS** 430
- **NORTHGLENN** 1,160
- **THORNTON** 4,030
- **WESTMINSTER** 1,685
- **OTHER** 4,170

49% Served 15,051 unduplicated consumers in FY 2016 not counting those served at Adams County Jail and Crisis Services

7,172 YOUTH  7,347 ADULTS  532 SENIORS
Leadership Team

CHIEF OFFICERS

RICHARD DOUCET, MA
Chief Executive Officer

CLAY CUNNINGHAM, MS, LPC
Chief Operations Officer

CHRISTI MECILLAS, BS
Chief Financial Officer

WERNER HOELLERBAUER, PhD
Chief Information Officer

ADAM BEAN, JD
Chief Corporate Counsel

DIRECTORS

JILL ATKINSON, PhD, LP
Integrated Outpatient Services

RYAN CONNER, DO
Medical Services

AMELIA FAN, MS, LPC
Resiliency and Support Services

AMANDA JONES, MA, LPC, CACIII
Recovery and Transition Services

MARY ASHLEY LANGSTON, MSW, LCSW
Quality Assurance and Compliance

CANDICE LEIMKUHLER, MS, LPC
Collaborative Community Services

DEBORAH OBERMEYER, MS
Community and External Relations

HEATHER THOMPSON, RN
Nursing Services

DENISE TOMSICK, SPHR, SHRM-SCP
Human Resources

ABIGAIL TUCKER, PSYD, LP
Intensive Services

STARR WEDEMEYER, MD
Mountainland Pediatrics
FY16 Board of Directors

SHERYL BAIN  
Leadbetter Animal Hospital  
Treasurer, Systems Board  
Treasurer, Mountainland Pediatrics Board  
Treasurer, Center Board  
Foundation Board  
Secretary, Coronado Board

MARGARET CARPENTER  
Retired, Mayor of Thornton, Colorado  
Board Member Emeritus

DONALD CASSATA, PhD  
Retired, Director of Adams County Department of Social Services  
Systems Board  
Mountainland Pediatrics Board  
Center Board

MILLIE DESMET  
Retired Certified Public Accountant  
Systems Board  
Mountainland Pediatrics Board  
Center Board

CHRIS FIEDLER, EdD  
Superintendent, School District 27J  
Foundation Board

LIZ FUSELIER  
AXA Advisors  
Systems Board  
Mountainland Pediatrics Board  
Center Board  
Treasurer, Foundation Board

MARY ANN WISEHART  
Retired, Lucent Technologies  
Secretary, Systems Board  
Secretary, Mountainland Pediatrics Board  
Secretary, Center Board  
Secretary, Foundation Board  
Coronado Board

MICHELE HANEY, PhD  
President, Red Rocks Community College  
Systems Board  
Mountainland Pediatrics Board  
Center Board

BRAD HARVEY  
President & CEO, Horizons North Credit Union  
Systems Board  
Mountainland Pediatrics Board  
Center Board  
Treasurer, Coronado Board

PATRICK LYNCH  
Financial Advisor, Patrick Lynch Financial  
Systems Board  
Mountainland Pediatrics Board  
Center Board

MICHAEL MCINTOSH  
Sheriff, Adams County Sheriff’s Office  
President, Systems Board  
President, Mountainland Pediatrics Board  
President, Center Board

JOHN PARKER  
CFO, United Power, Inc.  
President, Foundation Board

THE HONORABLE JOHN POPOVICH  
District Court Judge, 17th Judicial District  
Vice President, Systems Board  
Vice President, Mountainland Pediatrics Board  
Vice President, Center Board

CONNIE RISOLI  
Manager, White Mountain Art  
Coronado Board

PAUL SISKA  
Retired Undersheriff, Adams County Sheriff’s Office  
Systems Board  
Mountainland Pediatrics Board  
Center Board  
President, Coronado Board

NANCY SNEATH  
HIM Director, FPO, North Suburban Medical Center  
Systems Board  
Mountainland Pediatrics Board  
Center Board

STEVE SWENSEN  
Retired, FirstBank  
Vice President, Foundation Board

BRUCE VEZINA  
Agent, State Farm Insurance  
Systems Board  
Mountainland Pediatrics Board  
Foundation Board  
Coronado Board
CRC COMMUNITY CAMPUS ADMINISTRATION
1870 W. 122nd Ave., Ste. 100
Westminster, CO 80234

BRIGHTON OUTPATIENT & INTAKE
1850 E. Egbert St., Ste. 200
Brighton, CO 80601

COMMERCE CITY OUTPATIENT
4371 E. 72nd Ave.
Commerce City, CO 80022

NORTHGLENN OUTPATIENT
11285 Highline Dr.
Northglenn, CO 80233

THORNTON OUTPATIENT
8931 Huron St.
Thornton, CO 80260

THORNTON CENTRAL INTAKE
8989 Huron St.
Thornton, CO 80260

WESTMINSTER OUTPATIENT
3031 W. 76th Ave.
Westminster, CO 80030

MOUNTAINLAND PEDIATRICS
8889 Fox Dr., Ste. A
Thornton, CO 80260

EARLY CHILDHOOD SERVICES
8889 Fox Dr., Ste. B
Thornton, CO 80260

WEEKEND WALK-IN CLINIC
8989 Huron St.
Thornton, CO 80260

WALK-IN CRISIS CENTER AT 84TH AVENUE NEIGHBORHOOD HEALTH CENTER
2551 W. 84th Ave., Ste. 2
Westminster, CO 80031