

Your Peer Specialist knows...

that recovery can be an ongoing challenge. If you're feeling suicidal, feeling like leaving therapy, or relapsing with your drug of choice, your Peer Specialist can:

- Support you in life transitions such as: changing providers, leaving a hospital, getting a new job, or working on education goals.
- Give you skills to reduce your mental health symptoms
- Guide you in learning about resources that are available to you
- Teach you how to advocate for personal, medical, and financial needs
- Support you as you take personal responsibility around your wellness
- Assist you in gaining access to necessary medical care
- Develop a Wellness Plan with you
- Support you in setting goals and taking calculated risks to achieve those goals
- Provide empathy and understanding towards your situation
- Help you to maintain hope and to believe that recovery is real and possible
- Coach you to take important steps towards managing your illness
- Introduce you to support systems, groups, and classes



303.853.3500

www.CommunityReachCenter.org

About Community Reach Center

Founded in 1957, Community Reach Center is a top-tier community mental health provider located in Adams County, Colorado. The Center offers evidence-based behavioral health services for all ages. Services are provided at five outpatient offices as well as in schools, emergency rooms, physician offices and detention centers. Community Reach Center is a 501[c][3] non-profit organization.

Services include individual and group therapy, early childhood and School-Based services, substance abuse treatment, emergency services, psychological testing, therapeutic support groups, wellness programs, and more!

The Center is committed to integrating mental healthcare with primary healthcare in order to support the overall health and recovery of its clients.



Community Reach Center Office Locations:

BRIGHTON

1850 Egbert St., #200
Brighton, CO 80601

NORTHGLENN

11285 Highline Dr.
Northglenn, CO 80233

COMMERCE CITY

4371 E. 72nd Ave.
Commerce City, CO 80022

THORNTON

8931 Huron St.
Thornton, CO 80260

MOUNTAINLAND PEDIATRICS

8889 Fox Dr.
Thornton, CO 80260

WESTMINSTER

3031 W. 76th Ave.
Westminster, CO 80030



To learn more about
Community Reach Center,
visit CommunityReachCenter.org.



INSTILLING HOPE
FINDING STRENGTH
BUILDING RESILIENCY

PEER SPECIALIST PROGRAM

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PEER SPECIALIST PROGRAM

“...individuals who share the unique “lived experience” of recovering...”

What is a Peer Specialist?

Peer Specialists are individuals who share the unique “lived experience” of recovering from mental illness and/or addiction issues at some point in their lives. They have received specialized training to help you navigate your personal path to recovery by building on your individual strengths and successes.

Peer Specialists are important members of your treatment team at Community Reach Center. They are not therapists, doctors or case managers.

Peer Specialists are examples of hope that you can overcome challenges and that you can achieve your recovery goals!

What types of issues can my Peer Specialist help me with?

Substance Abuse, including alcohol, inhalants, marijuana, hallucinogens, narcotics, and prescription drug abuse.

Stressful Life Situations, such as divorce, loss of a job or death of a loved one.

Transition Assistance, such as discharge from a hospital, changing programs at Community Reach Center or moving to a new home environment.

Navigation through the complex mental health system.

Advocacy, helping to voice concerns about symptoms with your doctor or therapist.

Support for everyday feelings of depression, anxiety or trauma.

“...a connection based on a shared experience...”

Where do I meet my Peer Specialist?

You'll meet with your Peer Specialist wherever is most convenient and comfortable for you — at the park, at a restaurant, at your home or one of Community Reach Center's outpatient offices.

What can I expect from meeting with my Peer Specialist?

Individual attention, understanding, empathy, a connection based on a shared experience, a sense of hope, confidentiality and a plan to achieve recovery goals.

The Support...

that we all need in life.

“Support for everyday feelings of depression, anxiety or trauma”

To get started with a Peer Specialist, contact:

Brandon Wilcox

Program Manager

B.Wilcox@CommunityReachCenter.org | 303.853.3709