



ASCENT { ASCENT PROGRAM

Ascent is for youth and young adults between the ages of 15 and 29 who have been diagnosed with psychosis, along the schizophrenia spectrum. The program is geared towards consumers who have experienced symptoms of psychosis for more than 1 week, but less than 2 years.

Consumers can participate in Ascent for up to 24 months, with the goal of stepping down to a lower level of care once they are experiencing symptom reduction and are engaged in active recovery.

Ascent services include:

- Individual, group, and family therapy
- Case Management
- Psychosocial Rehabilitation
- Psychosocial Education
- Psychiatric services
- Peer Support services
- Supportive Employment and Education services

What's required to participate in the Ascent Program?

- A clinical diagnosis along the schizophrenia spectrum.
- Experienced symptoms for more than 1 week, but less than 2 years. (Duration of Untreated Psychosis)
- Be between the ages of 15-29 years of age.
- Willingness to engage in a largely community-based, intensive treatment program for 1-2 years (expect 2-5 contacts a week, depending on need).
- Must live in Adams County

