I wanted to express my sincere gratitude for my recent stay at the Crisis Stabilization Unit in Westminster. They handed me a flashlight in my tunnel of darkness and I did the work to turn it on. Thank you, you helped save my life.

~CRC Client
Dear Friends and Supporters,

In 2014, slightly more than half of Americans ages 12 and up reported they consume alcohol. Most would be described as moderate drinkers. But for nearly one in 10, their substance use has evolved into a disorder, meaning that it is negatively impacting their health, their ability to tend to daily responsibilities and their personal relationships.

In 2017, Colorado reported more than 1,000 drug overdose deaths and 558 were related to opioids or heroin. That represents a 100 percent increase compared to 2016. Nationally, the cumulative cost of substance use disorder is estimated to be $504 billion a year. More than one in four adults living with serious mental health conditions also has a substance use problem.

Old attitudes about addictions were largely based on the belief that addiction resulted from moral weakness and that recovery could be achieved simply by willpower and self-discipline. We now recognize substance use disorder as a chronic disease that changes both brain structure and function. A study published by Harvard Medical School captured it best, stating that, “Just as cardiovascular disease damages the heart and diabetes impairs the pancreas, addiction hijacks the brain.”

Community Reach Center’s 2018 Annual Report highlights our new comprehensive continuum of care for the treatment of substance use disorder that includes withdrawal management services in a social detox setting, intensive residential treatment, outpatient services, medication assisted treatment and psychoeducation aimed at providing people with the tools to manage their cravings while adopting healthy coping strategies. The Community Reach Center team is honored to guide tens of thousands of clients toward their individual paths to recovery and wellness each year.

Sincerely,

Rick Doucet  
Chief Executive Officer

The Hon. John Popovich  
President, Systems Board

John Parker  
President, Foundation Board
Community Reach Center provides the only monitored, safe and supportive withdrawal management service in a social detox setting in Adams County.

Individualized interventions and after-care supports provide health and wellness education, recovery strategies, coaching and referrals to appropriate treatment, based on individual need. Once discharged, many clients are referred to Community Reach Center’s Margaret Carpenter Center for intensive residential treatment. More are referred to intensive outpatient programming, including individual and group therapy, case management, peer support, psychiatric care and a wide variety of other services to support recovery.

The facility operates 24/7/365 and employs a multi-disciplinary staff who specialize in substance use services to assist people in what is often the first step in their recovery process.

Staffing
- Masters-level Therapists
- Certified Addictions Counselors
- Addiction Technicians
- Case Managers
Community Reach Center opened the Margaret Carpenter Center in 2018 to meet the need for substance use disorder treatment in Adams County and the surrounding regions, when Arapahoe House closed its doors in late 2017. The newly remodeled 43,000-square-foot facility currently provides intensive residential treatment and medication assisted treatment.

Community Reach Center’s Intensive Residential Treatment for Substance Use Disorder (IRT for SUD) is an effective level of care for men and women dually diagnosed with a mental health challenge and SUD who have been prescribed this higher level of care as the best treatment course to support recovery.

**Services**
- Evidence-based individual and group therapy
- Case management
- Medication management and nursing services
- Recreational activities

**Staffing**
- Medical Providers
- Nurses
- Masters-level Therapists
- Certified Addiction Counselors
- Addiction Technicians

**Accommodations and Amenities**
- 20 single and multiple-occupancy bedrooms with ensuite bathrooms
- Nutritious meals served in a communal dining room
- Indoor fitness center to support holistic programming
- Spacious group therapy rooms
Medication Assisted Treatment (MAT) is for people 18 years of age and older diagnosed with an alcohol or opioid use disorder. MAT combines behavioral therapy and medications to treat substance use disorders. Medications commonly prescribed are Naltrexone (Vivitrol) and Buprenorphine (Suboxone). Basically, the medications normalize brain chemistry, block the euphoric effects of alcohol and opioids, relieve physiological cravings and normalize body functions.

**Services**
- Evidence-based individual and group therapy
- Medication management and nursing services
- Case management

**Staffing**
- Nurses
- Masters-level Therapists specializing in substance use counseling
- Case Managers
- Physicians

A common misconception associated with MAT is that it substitutes one drug for another. Actually, these medications relieve withdrawal symptoms and psychological cravings and do not produce a “high.” Research shows that when administered at the proper dose, MAT medications have no adverse effects on a person’s mental capability, physical functioning or employability.

**Treatment Plan**
Client and therapist work together to identify treatment goals and develop a treatment plan that maps a path to achieving them. The treatment plan is reviewed regularly to ensure that clients are receiving all services indicated in the plan.
This treatment approach has been shown to:
- Increase client’s engagement in treatment
- Decrease criminal activity among clients with substance use disorders
- Increase client’s ability to gain and maintain employment
- Improve birth outcomes among pregnant women who have substance use disorders
2018 marked the launch of the Naloxone (Narcan) protocol at Community Reach Center. Narcan is a medication used to rapidly reverse opioid overdose by binding to opioid receptors in the brain, essentially knocking the opioid from the receptor. It quickly restores normal respiration to a person whose breathing has slowed or stopped as a result of overdosing with heroin or opioid pain medications.

Deaths from overdose of opioids more than tripled in the U.S. from 2000 to 2014. According to the Tri-County Health Department, 343 overdose deaths were attributed to opioids, heroin and fentanyl in Adams County between 2013 and 2017. Although many oppose public access to Narcan based on concerns that it may enable abuse of heroin and other opioids, research has not validated those concerns. The medical community widely supports making Narcan more easily available, because it saves lives. Narcan can be purchased over the counter without a prescription and is fully covered by Medicaid programs in Colorado.

Community Reach Center’s nursing team provides training on how to administer Narcan for all staff on Withdrawal Management Services, Medication Assisted Treatment and Intensive Residential Treatment teams and family members of clients served by those teams.
FY 2018 Financials & Demographics

Revenue: $45,268,540

- Medicaid: 63%
- Client Services (Private payers, Medicare, Grants & Contracts): 17%
- Federal, State & Local: 19%
- Other: 1%

Total revenue includes support provided by Adams County & the City of Westminster.

Expenses: $44,968,758

- Payroll & Benefits for Staff: 67%
- Facilities/Operating Costs & Affiliates: 30%
- Client: 3%

Community Reach Center provided $2.5 million in charitable care for individuals unable to pay for services.
Served **22,605** unduplicated consumers in FY2018

- **8,493** YOUTH
- **13,236** ADULTS
- **876** SENIORS

53% MEN

47% WOMEN

**AGE**
- **38%** YOUTH (0-17)
- **58%** ADULT (18-59)
- **4%** SENIOR (60+)

**RACE** (Totals more than 100% as people may indicate multiple races)
- **0.5%** NATIVE HAWAIIAN
- **1%** ASIAN
- **4%** BLACK/AFRICAN AMERICAN
- **6%** AMERICAN INDIAN
- **35%** HISPANIC
- **59%** WHITE

**NUMBER OF CONSUMERS SERVED PER MUNICIPALITY**

- **BRIGHTON**: 1,838
- **COMMERCE CITY**: 2,236
- **DENVER**: 3,241
- **FEDERAL HEIGHTS**: 540
- **NORTHGLENN**: 1,590
- **THORNTON**: 5,476
- **WESTMINSTER**: 4,048
- **OTHER**: 3,080
- **UNSPECIFIED**: 556
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Treasurer, Systems and
Mountainland Pediatrics Boards
Member, Foundation Board
Secretary, Coronado Board

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President & CEO,
Horizons North Credit Union
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President, Red Rocks Community College
Member, Systems and
Mountainland Pediatrics Boards

CONNIE RISOLI
White Mountain Art
Member, Coronado Board
## FY 2018 Donors

We are pleased to honor the following people and organizations who generously contributed this year!

### $1,000 to $5,000

- 20/20 Tax Resolution, Inc.
- Adams 12 Five Star Schools
- Adams County Commissioners
- Adams County Sheriff’s Office
- Allied Recycled Aggregates
- Aurora Mental Health Center
- Behavioral Healthcare, Inc
- Bimbo Bakeries USA
- Butterfly Pavilion
- Charity Golf International
- Cigna
- City of Brighton
- City of Commerce City
- COBiz Bank
- Dominion Diagnostics
- EON Office
- Genoa Healthcare
- Good Samaritan Medical Center
- Horizons North Credit Union
- Hyland Hills Park
- and Recreation District
- IMA, Inc.
- Lewan Technology
- Netsmart
- Owl Creek Medical
- Policy Matters, LLC
- Salud Family Health Centers
- School District 27J
- St. Anthony North Health Campus
- Stout Street Foundation
- TBK Bank
- United Power, Inc.
- Valley Bank and Trust
- Vista Management Association, Inc.

### $500 to $999

- Brightview Landscaping Services
- Dr. Don Cassata
- Ciancio Ciancio Brown, P.C.
- EMC
- Innovest Portfolio Solutions, LLC
- John Elway Chevrolet
- North Valley Bank
- Red Rocks Community College Foundation
- State Farm Companies Foundation
- The Players Club
- Vacuum Technologies
- Jeff Wilson
- Mary Ann Wiseshart

### $100 to $499

- William Bone
- Dante Carbone
- Wendy Carter
- Church of the Beloved
- Cynthia Dascher
- Vicki Esposito
- Jack Ethridge
- Marge Gallegos
- Lou Garone
- Dr. Michele Haney
- Lindy Lewis
- John Lohmeier
- Karmen MacKendrick
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- Mountain View Bank of Commerce
- Peter Mustian
- John Parker
- Pollard Jeep
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- Gloria Rudden
- Nancy Sneath
- Patricia Soderberg
- Kathleen Soltow
- Shelly Spalding
- Steve Swensen
- Elizabeth Wachtel
- Susan Webber
- Sharon Whitehair
Events

Mary Ciancio Memorial Distinguished Service Awards Dinner
The 2018 Mary Ciancio Memorial Distinguished Service Award was presented to Nancy McNally on April 10, in recognition of extraordinary volunteer work with the Westminster Citizen Police Academy and Citizen Fire Academy. Commerce City Rotary Club garnered the 2018 Marjory Ball Mental Health Advocacy Award, honoring its sustained efforts toward reducing stigma and raising awareness around mental health challenges.

Mental Health First Aid (MHFA) Veterans and Military Training
Community Reach Center certified 30 individuals in the Mental Health First Aid (MHFA) Veterans and Military Module on October 25 at the Bison Ridge Recreation Center in Commerce City. A resource fair was held in conjunction with the MHFA training featuring 20 exhibitors who provided resources pertinent to service members and those who support them. In 2018, Community Reach Center’s MHFA Training Team certified a total of 555 people in the Adult, Youth, Veterans, Public Safety and Older Adults modules.

Community Reach Center thanks Commerce City Rotary Club’s Mental Health Initiative Task Force for its generous sponsorship of this event.

2018 Legislative Breakfast
Community Reach Center CEO Rick Doucet shared perspectives on support for safety-net services at the Annual Legislative Breakfast November 28 at the Marriott Westminster, which was attended by community leaders, legislators and public officials.

Staff shared highlights of Community Reach Center programs focused on prevention and early intervention, including successful efforts to reduce expulsions from preschool programs and day care centers, and school-based services that provide immediate assessment and treatment for Adams County students when struggles first emerge.

Margaret Carpenter Center Open House
June 26 marked the grand opening of the Margaret Carpenter Center in Thornton, home of Intensive Residential Treatment and Medication Assisted Treatment programs.

Reach for the Green Golf Tournament
On September 11, $58,147 was raised to help fund supportive mental health services for uninsured and underinsured individuals in Adams County.
OUR MISSION

“To enhance the health of our community”

VALUES

We embrace and RESPECT the DIVERSITY of our COMMUNITY.

We create a SAFE environment that encourages INNOVATION.

We focus on building lasting RELATIONSHIPS, EXCELLENCE and COMPASSION.

We demonstrate good STEWARDSHIP and GRATITUDE.

VISION

Through the passion and training of our employees, unwavering commitment to evidenced-based practices, advanced technology, collaboration with community partners and provision of services in locations that are most convenient to access, we will provide the quality of mental and physical health services that enhances the lives of our clients and the well-being of our communities.

To all the people at the Community Reach Center. When we were little kids the apple tree in the back yard was our only safe place. You are our apple trees now. Thank you a lot! ~CRC Client
Community Reach Center
Outpatient Offices & Residential Facilities

Community Reach Center is a top-tier non-profit behavioral health and wellness provider established in 1957 that serves people of all ages at seven outpatient offices and more than 100 community-based sites throughout Adams County, Colorado. Visit CommunityReachCenter.org for information about our complete continuum of care.
Locations

BRIGHTON OUTPATIENT & INTAKE
1850 E. Egbert St., Ste. 200
Brighton, CO 80601

CENTER FOR WITHDRAWAL MANAGEMENT
7373 Birch St.
Commerce City, CO 80022

COMMERCE CITY OUTPATIENT & HEALTH HOME
4371 E. 72nd Ave.
Commerce City, CO 80022

ADMINISTRATION
1870 W. 122nd Ave., Ste. 100
Westminster, CO 80234

EARLY CHILDHOOD SERVICES
8889 Fox Dr., Ste. B
Thornton, CO 80260

MARGARET CARPENTER CENTER
8801 Lipan St.
Thornton, CO 80260

MOUNTAINLAND PEDIATRICS
8889 Fox Dr., Ste. A
Thornton, CO 80260

NORTHGLENN OUTPATIENT
11285 Highline Dr.
Northglenn, CO 80233

THORNTON CENTRAL INTAKE
8989 Huron St.
Thornton, CO 80260

THORNTON OUTPATIENT
8931 Huron St.
Thornton, CO 80260

WESTMINSTER OUTPATIENT
3031 W. 76th Ave.
Westminster, CO 80030

WALK-IN CRISIS CENTER
2551 W. 84th Ave., Ste. 2
Westminster, CO 80031

303.853.3500
www.CommunityReachCenter.org