Click here to view Community Reach Center’s new informational video.
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VALUES

We embrace and RESPECT the DIVERSITY of our COMMUNITY.

We create a SAFE environment that encourages INNOVATION.

We focus on building lasting RELATIONSHIPS, EXCELLENCE and COMPASSION.

We demonstrate good STEWARDSHIP and GRATITUDE.

OUR MISSION

“To enhance the health of our community”
Dear friends and supporters,

It’s our pleasure to present Community Reach Center’s 2019 Annual Report. Highlights include the first annual Behavioral Health Community Forum and the Teen Mental Health Awareness Initiative. Those with young children or teens will find the story about the new interactive website for our pediatric practice, Mountainland Pediatrics, to be a valuable resource. You’ll also find the piece about a federally funded training we developed for our criminal justice partners to learn about opioid addiction, treatment options and referral processes to be a good read.

If you’re wondering about the meaning of “More to my story;” on the cover, the story and video about the Semi-colon Bucket List Project explains it all. The project was entirely planned and executed by Community Reach Center’s Consumer Advisory Panel and perfectly illustrates our core belief that no one’s life should be defined by their diagnosis.

I’m proud to share Community Reach Center’s 2019 Annual Report with you and thank you for your support and partnership.

Rick Doucet
Chief Executive Officer

Mary Ann Wisehart
President, Systems Board

John Parker
President, Foundation Board
CARF Accreditation

Community Reach Center’s CARF accreditation has been renewed through November 2022. The Commission on Accreditation of Rehabilitation Facilities (CARF) International is an independent, nonprofit agency that issues accreditation for providers of health and human services.

Accreditation assists providers in improving the quality of their services, demonstrating value, and meeting internationally recognized organizational and program standards.

CARF surveyors visited various Community Reach Center sites for three days in late October, reviewing documentation and procedures and interviewing staff and management. Their summary findings noted the following:

- Strong vision and strength in our CEO and Board
- Easy to use electronic health record
- Peer Support Services team – outstanding
- Consumer Advisory Panel – impressive
- Data Analytics Team and PowerBI – exemplary
- General Clinical Services: comprehensive, clear access to care and compassion for consumers
- IT, Finance, HR, Facilities: Strong infrastructure to support a growing agency

According to CARF’s accreditation announcement,

“This achievement is an indication of your organization’s dedication and commitment to improving the quality of the lives of the persons served.

Services, personnel, and documentation clearly indicate an established pattern of conformance to standards.”
The Teen Mental Health Awareness Initiative is a unique community collaboration between the Adams City High School (ACHS) Interact Club, Community Reach Center and Adams School District 14. Interact is Rotary International’s service club for young people ages 12 to 18. The ACHS Interact Club secured a $10,000 grant from the Community First Foundation to develop an initiative aimed at removing stigma associated with mental health challenges through education and opportunities for dialogue.

The heart of the initiative is The Teen Mental Health toolkit that contains a flash drive with two powerful videos, PDF files of colorful posters featuring Colorado Crisis Services phone number and text line for schools to print and display, a PowerPoint presentation developed by Community Reach Center and a guidebook in English and Spanish featuring the presentation slides and local and national mental health resources for teens.

The presentation provides practical information about how teens can support one another’s mental wellness and take action when a friend is talking about suicide. It is designed to be presented by teens as a peer-to-peer model, in partnership with a mental health professional on-site to field clinical questions and support students who may be triggered during the presentation.

The Teen Mental Health Awareness Initiative was unveiled at the Rotary District Interact Conference in the fall of 2019. ACHS Interact Club and Community Reach Center were honored with certificates of achievement by the Adams School District 14 Board of Education in recognition of their work on the initiative. To date, 12 Colorado schools have requested and received the toolkits.
Our Story Isn’t Over Yet

The Semi-colon Bucket List project launched in 2019 by Community Reach Center’s Consumer Advisory Panel (CAP) to spread hopeful and empowering self-care messages through art. The CAP members have one significant thing in common: each has faced a major mental health crisis in their lifetime, including suicidal ideation. They understand how intrusive and disruptive suicidal thoughts can be to their recovery process. Their Semi-colon Bucket List project combines two popular contemporary concepts: Amy Bluel’s Project Semi-colon and the Bucket List.

Project Semi-colon encourages “people to tattoo the semicolon (;) as a form of solidarity among people dealing with mental illness or the death of someone from suicide,” and the Bucket List concept inspires people to make a list of things they want to achieve before they “kick the bucket.”

The Semi-colon Bucket List Project infused expressions of hope into the grave notion of suicide through inspirational art created by Community Reach Center clients. Large blank templates in the shape of semi-colons were distributed to clients to draw illustrations depicting their bucket lists and hallmarks of their recovery journeys within the semi-colon.

Continued on next page
Six whimsical, vibrant pieces were selected and reproduced onto large 36” x 48” foam-core posters that have been installed in lobbies of Community Reach Center’s outpatient locations. Poster themes run the gamut from establishing stronger family relationships or pursuing an advanced degree to venturing into the performance arts or traveling the globe. The posters encourage anyone considering suicide to “stay,” to take a pause in their life to focus on their mental wellness, and to move forward to accomplish their ambitions.

Their posters work much like vision boards in helping clients to set goals and work toward achieving them, by employing strength-based practices to instill hope for better days during periods of self-doubt, depression and inertia.

Click here to view the Semi-colon Bucket List Project video.

**OUR STORY ISN’T OVER YET**

**THE SEMICOLON PROJECT** is an encouraging idea for those who struggle with mental illness and suicidal ideation. The idea is that you can use a semicolon, a pause or break, in your story to take care of your mental health instead of ending your sentence, your life.

The idea of a bucket list, things you want to do in your lifetime, can be daunting to those struggling to make it day to day. Here we’ve combined the two ideas. Knowing that if we end our lives none of these dreams will come true. At Community Reach Center thousands of clients come in battling mental illness, but we are all fighting for a better tomorrow.

Know that you are not alone. We hope these pieces of artwork help you in your journey and we hope that you live to your fullest, checking off all the items on your bucket list because you take daily pauses to take care of your mental health.

**TAKE A PAUSE TODAY. LIVE OUT YOUR DREAMS TOMORROW**

**CONTRIBUTING ARTISTS**
- Wesley Sedam
- Ashley Bruce
- Lilly “Bird” Peterson
- Jessica Sendarfa
- Damian Whipple
- 3 Anonymous
A fresh new website for Mountainland Pediatrics launched in 2019, featuring a convenient symptom checker tool and a more robust directory of helpful resources for parents. Community Reach Center purchased Mountainland Pediatrics in 2008, becoming one of only five mental health providers in the U.S. to fully integrate pediatric primary care into its care continuum. With a behavioral health specialist on staff plus the co-location of Community Reach Center’s Early Childhood Services program, certified play therapists and occupational therapists, Mountainland Pediatrics provides the highest quality comprehensive integrated primary care to meet the needs of the whole child.

Click here to learn more.
Opioid Training

Community Reach Center received $15,675 in funding from the Substance Abuse and Mental Health Administration (SAMHSA) State Opiate Response (SOR) grant to train law enforcement professionals, victim advocates, probation and parole officers and judicial staff about opioid disorders and treatment options, including Medication Assisted Treatment (MAT).

Because opioid withdrawal can be extremely painful, people often continue using substances to avoid unpleasant symptoms like severe anxiety, nausea, diarrhea and muscle aches. Medications commonly prescribed for MAT are Naltrexone (Vivitrol) and Buprenorphine (Suboxone). These medications normalize brain chemistry, block the euphoric effects of the substance, relieve physiological cravings and normalize body functions.

MAT can significantly decrease the discomfort of withdrawal and lead to a greater chance of achieving sobriety. The challenge is lack of community awareness about the availability of MAT services and misconceptions regarding how MAT medications work. Thanks to this training, criminal justice partners are now better equipped to advocate for MAT and make referrals to Community Reach Center’s MAT program. To date, Community Reach Center has provided on-site trainings for 114 law enforcement professionals and criminal justice partners in Adams County, Colorado.

Click here to view the training video.
Board of Directors

SHERYL BAIN
North Denver Animal Clinic
Treasurer, Systems and
Mountainland Pediatrics Boards
Member, Foundation Board

DONALD CASSATA, PhD
Retired, Executive Director
of Adams County Social Services
Member, Systems and
Mountainland Pediatrics Boards

PATRICK DAY
The Day Agency/American
National Insurance
Member, Systems and
Mountainland Pediatrics Boards

CHRIS FIEDLER, PhD
Superintendent, 27J School District
Member, Foundation Board

LIZ FUSELIER
AXA Advisors
Member, Systems and
Mountainland Pediatrics Boards

MARGE GALLEGOS
Retired, Psychologist,
Denver Public Schools
Member, Systems, Mountainland
Pediatrics and Foundation Boards

MICHELE HANEY, PhD
President, Red Rocks
Community College
Member, Systems and
Mountainland Pediatrics Boards

BRAD HARVEY
President & CEO,
Horizons North Credit Union
Member, Systems, Mountainland
Pediatrics and Foundation Boards

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Retired, Development Director,
Community Reach Center
Vice President, Systems and
Mountainland Pediatrics Boards

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Investment Advisor,
Patrick Lynch Financial LLC
Member, Foundation Board

MICHAEL MCINTOSH
Commander, Louisville
Police Department
Member, Systems and
Mountainland Pediatrics Boards

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CEO, United Power, Inc.
President, Foundation Board

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17th Judicial District
Member, Systems and
Mountainland Pediatrics Boards

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Retired, Undersheriff, Adams County
Sheriff’s Office
Member, Systems and
Mountainland Pediatrics Boards

BRUCE VEZINA
State Farm Insurance Agent
Member, Systems, Mountainland
Pediatrics and Foundation Boards

SUSAN WEBBER
Realtor, Keller Williams
Preferred Realty
Member, Systems and
Mountainland Pediatrics Boards

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Retired, Lucent Technologies, Inc.
President, Systems and
Mountainland Pediatrics Boards

NANCY SNEATH
HIM Director, FPO,
North Suburban Medical Center
Member, Systems and
Mountainland Pediatrics Boards

DAVID SPRENGER
Vice President of Advocacy,
Centura Health
Member, Systems and
Mountainland Pediatrics Boards

STEVE SWENSEN
Retired, President, FirstBank
Vice President, Foundation Board

THE HONORABLE
JOHN POPOVICH
Retired, District Court Judge,
17th Judicial District
Member, Systems and
Mountainland Pediatrics Boards

MARGE GALLEGOS
Retired, Psychologist,
Denver Public Schools
Member, Systems, Mountainland
Pediatrics and Foundation Boards
Community Reach Center provided $2.6 million in charitable care for individuals unable to pay for services.
21,424
unduplicated consumers served in FY2019

7,782
YOUTH

12,768
ADULTS

865
SENIORS

AGE

36%
YOUTH (0-17)

60%
ADULT (18-59)

4%
SENIORS (60+)

RACE (Totals more than 100% as people may indicate multiple races)

0.6%
NATIVE HAWAIIAN

2%
ASIAN

5%
AFRICAN AMERICAN

6%
AMERICAN INDIAN

36%
HISPANIC

61%
CAUCASIAN

NUMBER OF CONSUMERS SERVED PER MUNICIPALITY

- Brighton: 1,707
- Commerce City: 2,060
- Denver: 3,027
- Federal Heights: 509
- Northglenn: 1,506
- Thornton: 4,988
- Westminster: 3,871
- Other: 3,083
- Unspecified: 673
Mary Ciancio Memorial Distinguished Service Award Dinner: Donna Alengi was honored with the 2019 Mary Ciancio Memorial Distinguished Service Award on April 15. Alengi joined CASA of Adams and Broomfield Counties in 2015 as a volunteer advocate and serves on its board of directors. Becky Hoffman received the 2019 Marjory Ball Mental Health Advocacy Award for her inspirational leadership as CEO of the Adams County Youth Initiative.

Reach for Recovery 5K – On the Move for Mental Health Awareness: June 1 marked the first annual Reach for Recovery 5K “friend-raiser,” drawing 130 walkers and runners. Themed around movement and being outdoors as two important factors in supporting wellness and recovery, the event combined exercise with raising awareness by featuring a dozen resource tables where guests could chat with Community Reach Center staff about services and programs.

Reach for the Green Golf Tournament: The 39th Annual Reach for the Green Golf Tournament on September 10 at The Todd Creek Golf Course in Thornton hosted 178 golfers and raised more than $50,000 to support integrated mental health services at Community Reach Center. During the awards luncheon, the annual Donald C. Ciancio Philanthropic Award was presented to Dodge Sign Company and Wayne Dodge, a steadfast supporter of Community Reach Center for 20 years.

Speakers Bureau 2019 series: Community Reach Center provided more than 30 presentations at the request of partners throughout the community, including schools, judicial districts, libraries, department of human services, churches and police departments. Topics ranged from Substance Use Disorder, Impacts of Trauma on Mental Wellness and First Episode Psychosis, to Anger Management, Anxiety and Depression in Children and Understanding the Realities of Mental Illness. You can book a free presentation through Community Reach Center’s Speakers Bureau.
**MHFA**
The Mental Health First Aid (MHFA) Training Team at Community Reach Center certified 720 people in 36 classes held throughout metro Denver in 2019. MHFA curriculums provided included Adult, Youth, Older Adults, Public Safety, Military & Veterans and Spanish. Register for a MHFA class today!

**Behavioral Health Community Forum:** Community Reach welcomed more than 70 community leaders and legislators to the Behavioral Health Community Forum on November 22 at Ciancio’s at Hyland Hills Restaurant in Westminster, creating a new platform for healthcare advocates to share their best thinking about ways to support health and wellness in their communities. The big takeaway from the table-top discussions was the value of sharing our knowledge about behavioral health services and resources with others and keeping the conversation going in our communities.

**Broomfield Outpatient Open House:** On October 7, Community Reach Center opened its newest outpatient location in Broomfield. This new Broomfield location is especially important because it represents the voices of Broomfield citizens who largely expressed their desire for enhanced mental health services in the 2018 Citizen Survey and 2018 Health Assessment Survey.

“Broomfield residents have voiced a compelling need for enhanced and expanded access to mental health and substance use disorder services, collectively known as behavioral health services. Broomfield is excited to announce an innovative and collaborative open-access approach to delivering the best possible behavioral health services to Broomfield residents,” said Jennifer Hoffman, city and county manager of Broomfield.

New Broomfield Outpatient Office (top)

Community Reach Center board members Sheryl Bain, Nancy Sneath and Mary Ann Wisehart with Rick Doucet, CEO

Community Reach Center

MHFA

The Mental Health First Aid (MHFA) Training Team at Community Reach Center certified 720 people in 36 classes held throughout metro Denver in 2019. MHFA curriculums provided included Adult, Youth, Older Adults, Public Safety, Military & Veterans and Spanish. Register for a MHFA class today!
A heartfelt thanks to the following people and organizations who generously contributed this year!

### FY2019 Donors

**$1,000 TO $5,000**
- 20/20 Tax Resolution
- Adams 12 School District
- Adams County Commissioners
- Adams County Sheriff’s Department
- Allied Recycled Aggregates
- BOK Financial
- Brightview Landscape Services
- Brothers Plumbing & Heating
- Cigna
- City of Brighton
- City of Commerce City
- Dodge Sign Company
- EON Office
- Genoa Healthcare
- Good Samaritan Medical Center
- Chris Hodges
- Horizons North Credit Union
- Hyland Hills Parks & Recreation District
- IMA, Inc.
- Netsmart
- Policy Matters
- School District 27J
- Signal Behavioral Health Network
- St. Anthony North Health Campus
- Stout Street Foundation
- Susan Webber Homes
- United Power
- Vista Management

**$500 TO $999**
- Dr. Donald Cassata
- Ciancio Ciancio Brown
- Innovest
- Isolate Systems
- Key-Rite Security
- Pollard Motors
- Red Rocks Community College Foundation
- The Players Club

**$100 TO $499**
- Aurora Mental Health
- Dante Carbone
- William Christopher
- Cynthia Dascher
- Vicki Esposito
- Lou & Christy Garone
- Sharon Hamor
- Honnen Equipment
- Deborah Hunt
- Lindy Lewis
- Sharon Maybee
- Mountain View Bank
- Peter Mustian
- Kevin O’Connell
- Jerry Orten
- Print Partners
- Zoe Reese
- Tirshana Regmi
- Wendy Rudden-Carter
- Jeff Silver
- Nancy Sneath
- Steve Swensen
- Bruce Vezina
- Sharon Whitehair
SERVICES FOR ALL AGES ACROSS THE CARE CONTINUUM

PREVENTION EARLY INTERVENTION
- FREE MENTAL HEALTH FIRST AID CLASSES
- IN-HOME SENIOR SERVICES
- INTEGRATED CARE PROGRAM
- FIRST EPISODE PSYCHOSIS SERVICES

ACCESS TO CARE
- INTAKE
- MOUNTAINLAND PEDIATRICS
- BEHAVIORAL HEALTH URGENT CARE

OUTPATIENT SERVICES
- OUTPATIENT THERAPY
- SCHOOL BASED THERAPY SERVICES
- EARLY CHILDHOOD SERVICES

INTENSIVE SERVICES
- ASSERTIVE COMMUNITY TREATMENT PROGRAM
- MEDICATION ASSISTED TREATMENT
- IN-HOME TREATMENT
- K-12 DAY TREATMENT SERVICES
- JUSTICE & JUVENILE DETENTION SERVICES

HIGH ACUITY
- HOSPITAL ALTERNATIVE SERVICES
- MOBILE CRISIS SERVICES
- RESPITE SERVICES
- RESIDENTIAL SERVICES PROGRAM
- DETOX SERVICES
- RESIDENTIAL SUD TREATMENT

ANCILLARY SERVICES
- MEDICATION MANAGEMENT SERVICES
- CASE MANAGEMENT
- PEER SERVICES
- VOCATIONAL SERVICES
- PSYCHOLOGICAL TESTING
- PSYCHOSOCIAL REHABILITATION PROGRAM
- SUPPORTIVE HOUSING
Community Reach Center
Outpatient Offices & Residential Facilities

Community Reach Center is a top-tier non-profit behavioral health and wellness provider established in 1957 that serves people of all ages at seven outpatient offices and more than 100 community-based sites.

Visit CommunityReachCenter.org for information about our complete continuum of care.
Locations

ADMINISTRATION CAMPUS
1870 W. 122nd Ave., Ste. 100
Westminster, CO 80234

BEHAVIORAL HEALTH URGENT CARE
2551 W. 84th Ave., Ste. 2
Westminster, CO 80031

BRIGHTON OUTPATIENT & INTAKE
1850 E. Egbert St., Ste. 200
Brighton, CO 80601

BROOMFIELD OUTPATIENT & INTAKE
100 Spader Way, Ste. 267
Broomfield, CO 80020

CENTER FOR DETOX SERVICES
2551 W. 84th Ave.
Westminster, CO 80031

COMMERCE CITY OUTPATIENT
4371 E. 72nd Ave.
Commerce City, CO 80022

WESTMINSTER OUTPATIENT
3031 W. 76th Ave.
Westminster, CO 80030

EARLY CHILDHOOD SERVICES
8889 Fox Dr., Ste. B
Thornton, CO 80260

MARGARET CARPENTER CENTER
8801 Lipan St.
Thornton, CO 80260

MOUNTAINLAND PEDIATRICS
8889 Fox Dr., Ste. A
Thornton, CO 80260

NORTHGLENN OUTPATIENT
11285 Highline Dr.
Northglenn, CO 80233

THORNTON CENTRAL INTAKE
8989 Huron St.
Thornton, CO 80260

THORNTON OUTPATIENT
8931 Huron St.
Thornton, CO 80260

303.853.3500
www.CommunityReachCenter.org
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