

Feeling anxious?
Not sleeping well?
Feeling hopeless?
Mis-using alcohol or drugs?
Experiencing strained relationships?



Announcing the **NEW Warm Line** and **COVID-19 Heroes Program**



Free Warm Line

Mental health professionals are standing by to offer support, helpful resources and referrals to other programs to help boost your resiliency.



Free COVID-19 Heroes Program

Healthcare workers of any kind can receive up to six counseling sessions at no charge.



5 Ways to Get Help Now!

- Call the **Warm Line** at **720-262-3312** Monday through Friday, **8am to 5pm**
- Call **Colorado Crisis Services 1-844-493-8255** or text **38255**
- Visit the **Behavioral Health Urgent Care 24/7** @ 2551 W. 84th Ave., Westminster, CO
- Complete an **intake assessment at either Community Reach Center intake location** to begin services as a new client
 - 8989 Huron St., Thornton, CO | Monday through Friday 8am to 2pm
 - 1850 E. Egbert St., Brighton, CO | Tuesdays, 8am to 12noon
- Visit the **Telehealth** page on **CommunityReachCenter.org** to learn about telehealth services for new and current clients

It's time to talk about you and we're here to listen. We're in this together!



www.CommunityReachCenter.org