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Community Reach Center schedules virtual 5K race

Safer-at-Home Reach for Recovery 5K *highlights mental health awareness*

(May 19, 2020 – Westminster) Community Reach Center has unveiled its 2st annual 5K Run, Walk and Expo. This year's 5K Walk, Race and Fun Run will be a virtual event! Get outside and walk or run a 5K at your convenience!

All walkers and runners who register by July 1, will be mailed a 2020 Virtual Run T-shirt and other fun items, including a coupon for a free sandwich at GQue BBQ. The deadline to sign up and submit results is July 14.

Register at: <https://runsignup.com/Race/CO/Westminster/REACHFORRECOVERY> to show your support for mental health awareness and to help Community Reach Center to continue to provide the essential services in our community.

Virtual runners are encouraged to send their race times and photos via email or post them to our Facebook or Instagram page by Tuesday, July 14. #CRCVirtual5k. No performance prizes will be awarded, but we will award random participants with fun prizes.

For additional information about a creative variety of sponsorship packages, please contact Evan Narotsky at 303.853.3472 or e.narotsky@communityreachcenter.org

"Last year – which was our first 5K – the event was terrifically successful in Westminster. So, we are going virtual this year due to COVID-19 to keep the excitement going as best we can," Event Coordinator Evan Narotsky said. "Let's make this a virtual success, and we'll see you all together next year, in person, on the trail, and at the event."

Proceeds from the event will support NAMI (National Alliance of Mental Illness) of Adams County and Community Reach.

PRESS RELEASE

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Community Reach Center is a top-tier behavioral health and wellness provider serving people of all ages at nine outpatient offices and more than 100 community-based sites throughout Adams County, Colorado. The CRC mission is to “To enhance the health of our community.” The Center has worked diligently to preserve and promote a commitment to excellence, professionalism and integrity within our community health care system for 60 years – currently serving about 20,000 individuals annually. It employs more than 500 highly trained professionals committed to health and wellness. Community Reach Center is a leading integrated care partner in Colorado – meaning that mental health care, primary medical care and dental services are provided in one location at dozens of clinics throughout the north Denver metro area. *It is the first mental health provider in Colorado to receive accreditation for several programs from the Commission on Accreditation of Rehabilitation Facilities – an independent, nonprofit accreditor of health and human services.*