

February Calendar

Monday

9:15 am Music for Wellness

11:00 am Community Meeting

11:30 am Lunch

12:30 pm Sports Talk

1:30 pm Book Club



Tuesday

9:15 am Music for Wellness

11:00 am Community Meeting

11:30 am Lunch

12:30 pm Men's Empowerment

1:30 pm Mindful Laughter



Wednesday

9:15 am Music for Wellness

11:00 am Community Meeting

11:30 am Lunch

12:30 pm Empower Hour

1:30 pm Spirituality



Thursday

9:15 am Brain Games

11:00 am Community Meeting

11:30 am Lunch

12:30 pm Down the Rabbit Hole

1:30 pm Movement



Special Events

Friday 2/2 Karaoke & Games

Thursday 2/8 Member Forum

Friday 2/9 Movies & Pajamas

Friday 2/16 Valentine's Day Celebration

Monday 2/19 CLOSED for President's Day

Friday 2/23 Birthday Bash Bingo






Ancillary Services (open M - F except 11 am - 12:30 pm): Case Management | Clothing Closet | Food Pantry | Peer Support

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm

February Menu

Served Monday - Friday, 11:30 am - 12 pm

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|---|--|----------|
| | | | | 1 Soft Tacos with Spanish Rice & Beans | 2 Pizza | 3 |
| 4 | 5 Asian Noodles | 6 Ham & Cheese Breakfast Casserole | 7 Meatball Sandwiches & Tater Tots | 8 Goulash | 9 Country Bowl | 10 |
| 11 | 12 Chicken Chili with White Rice & Tortillas | 13 Biscuits & Gravy | 14 Fried Rice | 15 Smothered Burritos | 16  Valentine's Day Celebration | 17 |
| 18  | 19 CENTER CLOSED | 20 French Toast Bake | 21 Spaghetti & Meatballs | 22 Chili Cheese Dogs | 23 Loaded Nachos & Birthday Cake  | 24 |
| 25 | 26 Orange Chicken with Noodles | 27 Scrambled Eggs, Bacon, & Toast | 28 Chicken Fettuccine Alfredo with Broccoli | 29 Enchiladas | | |

*Meals are subject to change without notice.