

March Calendar

Appreciating Wellness and Recovery Empowerment

Monday

9:15 am	Music for Wellness
11:00 am	Community Meeting
11:30 am	Lunch
12:30 pm	Sports Talk
1:30 pm	Book Club



Tuesday

9:15 am	Music for Wellness
11:00 am	Community Meeting
11:30 am	Lunch
12:30 pm	Men's Empowerment
1:30 pm	Mindful Laughter



Wednesday

9:15 am	Music for Wellness
11:00 am	Community Meeting
11:30 am	Lunch
12:30 pm	Empower Hour
1:30 pm	Spirituality



Thursday

9:15 am	Brain Games
11:00 am	Community Meeting
11:30 am	Lunch
12:30 pm	Down the Rabbit Hole
1:30 pm	Movement



Special Events

Friday	Karaoke &
3/1	Games
Friday	Movies &
3/8	Pajamas
Thursday 3/14	Member Forum
Friday	St. Patrick's Day
3/15	Celebration
Monday	4 Mile Historic
3/22	Park
Friday 3/29	Birthday Bash



Ancillary Services (open M - F except 11 am - 12 pm):

Case Management | Clothing Closet | Peer Support | Food Pantry (open M - F from 1 - 4 pm)

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm