



June Calendar

Monday

- 9:15 am** Mindfulness
- 9:30 am** Music for Wellness
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Sports Talk
- 1:30 pm** Creative Writing



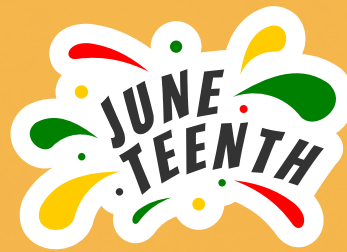
Tuesday

- 9:15 am** Mindfulness
- 9:30 am** Music for Wellness
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Down the Rabbit Hole
- 1:30 pm** Spirituality



Wednesday

- 9:15 am** Mindfulness
- 9:30 am** Music for Wellness
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Empower Hour
- 1:30 pm** Movement



Thursday

- 9:15 am** Brain Games
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Men's Empowerment
- 12:30 pm** Women's Empowerment
- 1:30 pm** Creative Corner



Special Events

- Friday 6/7** Karaoke & Games
- Tuesday 6/11** Denver Art Museum Outing
- Thursday 6/13** Member Forum
- Friday 6/14** Community Clean-up
- Friday 6/14** Birthday Bash Bingo
- Monday 6/17** Member Story
- Weds. 6/19** Nature & Science Museum Outing
- Weds. 6/19** Honoring Juneteenth Freedom 
- Friday 6/21** Wings Over the Rockies Air & Space Museum
- Friday 6/28** Pride Celebration 






Ancillary Services (open M - F except 11 am - 12 pm):

Case Management | Clothing Closet | Peer Support | Food Pantry

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm

June Menu

Served Monday - Friday, 11:30 am - 12 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Country Bowl	4 French Toast, Scrambled Eggs, & Sausage	5 Spaghetti & Meatballs	6 Stir Fry & White Rice	7 Pizza	8
9	10 Smothered Bean Burritos	11 Boxed Lunches 	12 Goulash	13 Chili Dogs & French Fries	14 Loaded Nachos & Birthday Cake 	15
16	17 Chicken Alfredo Flatbreads	18 Pancakes Scrambled Eggs, & Bacon	19  June 19, 1845 Boxed Lunches 	20 Kielbasa, Veggies, & Potatoes	21  Boxed Lunches	22
23 30	24 Meatballs in Gravy & White Rice	25 Biscuits, Gravy, Sausage, & Eggs	26 Asian Noodles	27 Enchiladas & Rice	28 Jambalaya	29

*Meals are subject to change without notice.