



March Calendar

Monday

9:15 am Mindfulness

9:30 am Music for Wellness

11:00 am Community Meeting

11:30 am Lunch

12:30 pm Sports Talk



Tuesday

9:15 am Mindfulness

9:30 am Music for Wellness

11:00 am Community Meeting

11:30 am Lunch

12:00 pm Movement

12:30 pm Creative Corner

1:30 pm Spirituality



Wednesday

9:15 am Mindfulness

9:30 am Music for Wellness

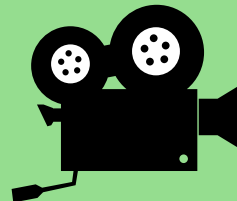
11:00 am Movement

11:30 am Lunch

12:00 pm Community Meeting

12:30 pm Healthy Habits

1:30 pm Popcorn Pals



Thursday

9:15 am Trivia Thursdays

11:00 am Community Meeting

11:30 am Lunch

12:30 pm Men's Empowerment

1:30 pm Women's Empowerment



Special Events

Friday 3/7 Cereal & Cartoons

Thursday 3/13 Member Forum

Friday 3/14 St. Patrick's Day Celebration

Friday 3/21 Birthday Bash Bingo

Friday 3/28 Molly Brown House



Ancillary Services (open M - F except 11 am - 12:30 pm):

Case Management | Clothing Closet | Peer Support | Food Pantry

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm

March Menu

Served Monday - Friday, 11:30 am - 12 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 Spinach Chicken & Rice	4 Breakfast Casserole	5 Asian Noodles	6 Kielbasa, Potatoes & Veggies	7 Cereal & Cartoons 	8
9	10 Chicken & Sausage Jambalaya	11 Biscuits, Gravy, Sausage, & Eggs	12 Sausage Fettuccine Alfredo	13 Burrito Bake & Rice <i>Member of the month pick!</i>	14 Chicken Nuggets, French Fries, & Corn 	15
16	17 <i>HAPPY St. Patrick's DAY*</i> Beef Irish Stew	18 Breakfast Casserole	19 Cheesy Chicken Rice & Broccoli	20 Chicken Fajitas, Tortillas, & Rice	21 Birthday Bash Bingo Nachos & Cake 	22
23	24 Glazed Chicken & White Rice	25 Biscuits, Gravy, Sausage, & Eggs	26 Country Bowl	27 Hamburger Goulash	28 Boxed Lunches Pepperoni & Sausage Pasta 	29
30	31 Cuban Beans & Rice					

*Meals are subject to change without notice.