



# April Calendar

## Monday

- 9:15 am** Mindfulness
- 9:30 am** Music for Wellness
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Sports Talk
- 1:30 pm** Movie Monday



## Tuesday

- 9:15 am** Trivia Tuesdays
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:00 pm** Movement
- 12:30 pm** Creative Corner
- 1:30 pm** Spirituality



## Wednesday

- 9:15 am** Mindfulness
- 9:30 am** Music for Wellness
- 11:00 am** Movement
- 11:30 am** Lunch
- 12:00 pm** Community Meeting
- 12:45 pm** Healthy Habits



## Thursday

- 9:15 am** Trivia Thursdays
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Men's Empowerment
- 1:30 pm** Women's Empowerment



## Special Events

- Friday 4/4** Karaoke & Games
- Thursday 4/10** Member Forum
- Friday 4/11** Hammond's Factory
- Friday 4/18** Birthday Bash Bingo
- Tuesday 4/22** Earth Day Community Clean Up
- Friday 4/25** Celestial Seasonings



**Ancillary Services** (open M - F except 11 am - 12:30 pm):

Case Management | Clothing Closet | Peer Support | Food Pantry

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm



# April Menu

Served Monday - Friday, 11:30 am - 12 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Pancakes & Bacon	2 Country Bowl	3 Mongolian Beef & Noodles	4 Pizza	5 
6	7 Chicken in Gravy & Mashed Potatoes	8 Breakfast Pizza Bagel & Hash Browns	9 Stuffed Bell Pepper Casserole	10 Biscuits & Gravy Bake with Scrambled Eggs <i>Member of the month pick!</i>	11 Chili Cheese Fries	12 
13	14 BBQ Sandwiches & Chips	15 French Toast Sticks & Sausage	16 Goulash	17 Chicken Fajitas & Rice	18 Loaded Nachos & Birthday Cake	19 
20	21 Chicken Sandwiches & Fries	22 Breakfast Casserole	23 Tacos & Spanish Rice	24 Chicken Fried Rice & Egg Rolls	25 Meatball Subs & Chips	26 
27	28 Spaghetti & Meatballs	29 Biscuits & Gravy Bake with Scrambled Eggs	30 Kielbasa, Potatoes, & Veggies			

\*Meals are subject to change without notice.