



June Calendar

Monday

8:30 Coffee Talk am

10:00 Motivational Mondays am

11:00 Community Meeting am

11:30 Lunch am

12:30 Sports Talk pm

1:30 Walk in the Park pm

2:30 Community & Support Time pm



Tuesday

9:15 Trivia Tuesdays am

10:30 Mindfulness am

11:00 Community Meeting am

11:30 Lunch am

12:00 Movement pm

12:30 pm

Spirituality

1:30 pm

Creative Corner

2:30 Community & Support Time pm

Wednesday

8:30 Coffee Talk am

10:00 am

Write & Release

11:00 Community Meeting am

11:30

Lunch am

12:00 pm

Movement

12:30 pm

Resilient Minds

1:30 mq

Popcorn Pals

2:30 mq

Community & Support Time



Thursday

9:15 Game Day Thursdays am

10:30 am

Mindfulness

11:00 Community am Meeting

11:30 am

Lunch

12:30 Men's

pm **Empowerment**

1:30 Women's pm **Empowerment**

2:30 Community & Support Time pm



Special Events

Friday Karaoke & 6/6 Games

Wed. CAP Meeting at 6/11 11 AM

Thursday Member Forum 6/12 at 11AM

Friday Day at the 6/13 Park

Wed. 6/18

Art Gala

Thursday CENTER 6/19 **CLOSED**

Friday Birthday Bash 6/20 Bingo

Friday 6/27

4-Mile Historic Park



Ancillary Services (open M - F except 11 am - 12:30 pm): Case Management | Clothing Closet | Peer Support | Food Pantry

June Menu

Served Monday - Friday, 11:30 am - 12 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Hamburgers & Fries	Chicken Fajitas & Rice	Breakfast Pizza Bagel & Hashbrowns	Country Bowl	Pizza	
8	9 French Toast Sticks, Scrambled Eggs, & Sausage	10 Asian Noodles]] Spaghetti, Sausage, & Garlic Bread	12 Smothered Bean Burritos Member of the month pick!	13 BBQ Sandwiches & Chips	14
15	16 Cuban Beans & Rice	17 Meatballs in Gravy & White Rice	18 Biscuits & Gravy Casserole with Eggs	19 CENTER CLOSED	20 Loaded Nachos & Birthday Cake	21 HAPPY BIRTHDAY
22	23 Kielbasa with Veggies & Potatoes	24 Pancakes, Scrambled Eggs, & Bacon	25 Chicken Fried Rice & Egg Rolls	26 Stuffed Bell Pepper Casserole	27 Breakfast Casserole	28
29	30 Cheesy Chicken & Broccoli Rice					