



July Calendar

Monday

- 8:30 am** Coffee Talk
- 10:00 am** Motivational Mondays
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Sports Talk
- 1:30 pm** Walk in the Park
- 2:30 pm** Community & Support Time



Tuesday

- 9:15 am** Trivia Tuesdays
- 10:30 am** Mindfulness
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:15 pm** Calm Within
- 1:15 pm** Spirituality
- 2:00 pm** Community & Support Time



Wednesday

- 8:30 am** Coffee Talk
- 10:00 am** Write & Release
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Redline Art Center (7/12, 7/16, & 7/30)
- 12:30 pm** Healing Through Art (7/9 & 7/23)
- 1:30 pm** Popcorn Pals
- 2:30 pm** Community & Support Time



Thursday

- 8:30 am** Coffee Talk
- 10:00 am** Snack & Chat
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Mindful Men
- 1:30 pm** Women's Empowerment
- 2:30 pm** Community & Support Time



Special Events

- Thursday 7/3** Botanical Gardens
- Friday 7/4** CENTER CLOSED
- Thursday 7/10** Member Forum at 11AM
- Friday 7/11** Summer Cool-Off
- Wed. 7/16** Buffalo Bill Museum
- Weds. 7/16** CAP Meeting
- Thursday 7/17** Member Story
- Friday 7/18** Birthday Bash Bingo
- Friday 7/25** Evergreen Jazz Festival



Ancillary Services (open M - F except 11 am - 12:30 pm):

Case Management | Clothing Closet | Peer Support | Food Pantry

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm

July Menu

Served Monday - Friday, 11:30 am - 12 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Breakfast Casserole	2 Pizza	3 Independence Day Meal 	4 Happy 4th  CENTER CLOSED	5 
6	7 Pancakes, Scrambled Eggs, & Bacon	8 Country Bowl	9 BBQ Chicken, Fries, and Baked Beans	10 Pizza Member of the month pick!	11 Italian Sliders, Chips, & Ice Cream	12 
13	14 Hot Dogs, Pasta Salad, & Chips	15 Biscuits & Sausage Gravy with Eggs	16 Ravioli & Garlic Bread	17 Goulash	18 Loaded Nachos & Birthday Cake	19 
20 	21 Mongolian Ground Beef & Noodles	22 Enchiladas & Rice	23 French Toast Sticks, Scrambled Eggs & Sausage	24 Pulled Pork Sandwiches & Mac n Cheese	25 Chicken, Bacon, & Ranch Pasta	26 
27	28 Tacos & Spanish Rice	29 Creamy Italian Sausage Pasta & Garlic Bread	30 Southwest Chicken & Rice	31 Breakfast Pizza Bagel & Hashbrowns		

*Meals are subject to change without notice.