



# August Calendar

## Monday

- 8:30 am** Coffee Talk
- 10:00 am** Motivational Mondays
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Sports Talk
- 1:30 pm** Walk in the Park
- 2:30 pm** Community & Support Time



## Tuesday

- 9:15 am** Trivia Tuesdays
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:15 pm** Calm Within
- 1:15 pm** Rooted Within
- 2:15 pm** Stretch Break
- 2:30 pm** Community & Support Time



## Wednesday

- 8:30 am** Coffee Talk
- 10:00 am** Write & Release
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Healing Through Art
- 1:30 pm** Popcorn Pals
- 2:30 pm** Community & Support Time



## Thursday

- 8:30 am** Coffee Talk
- 10:00 am** Snack & Chat
- 11:00 am** Community Meeting
- 11:30 am** Lunch
- 12:30 pm** Mindful Men
- 1:30 pm** Women's Empowerment
- 2:30 pm** Community & Support Time



## Special Events

- Friday 8/1** Dinosaur Ridge
- Weds. 8/6** Center Open 8:30 - 11am
- Friday 8/8** Sloan's Lake Picnic
- Weds. 8/13** Museum of Outdoor Arts
- Thursday 8/14** Member Forum at 11am
- Friday 8/15** Ice Cream Social
- Weds. 8/20** CAP Meeting at 11am
- Thursday 8/21** Member Story
- Friday 8/22** Birthday Bash Bingo
- Weds. 8/27** Botanical Gardens
- Friday 8/29** Show & Tell

**Ancillary Services** (open M - F except 11 am - 12:30 pm):  
Case Management | Clothing Closet | Peer Support | Food Pantry

**690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm**



# August Menu

Served Monday - Friday, 11:30 am - 12 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Boxed Lunches: Deli Sandwiches	2 
3	4 Goulash	5 Ravioli & Garlic Bread	6 AWARE Closes at 11:00 am KITCHEN CLOSED	7 Breakfast Pizza Bagels & Hashbrowns	8 Boxed Lunches: Deli Sandwiches	9 
10	11 Stuffed Bell Pepper Casserole	12 Pancakes, Scrambled Eggs, & Bacon	13 Chili Dogs & Fries	14 Chicken Fajitas & Rice	15 Pizza	16 
17	18 Smothered Burrito Bake	19 Country Bowl & Dinner Rolls	20 Mongolian Beef Noodles	21 Biscuits & Sausage Gravy with Eggs	22 Loaded Nachos & Birthday Cake	23 
24	25 Sweet & Sour Chicken with White Rice	26 Italian Sliders & Chips	27 Pulled Pork Sandwiches	28 Chicken Alfredo & Garlic Bread	29 Breakfast Burrito Bake	30 
31						

\*Meals are subject to change without notice.