

September Calendar

Monday

10:00 am Rise & Thrive

11:00 am Community Circle

11:30 am Lunch

12:15 pm Sports Talk

1:30 pm Trivia & Games



Tuesday

9:30 am Walk in the Park

11:00 am Community Circle

11:30 am Lunch

12:15 pm Rooted Within

1:30 pm Calm Within



Wednesday

10:00 am Less Chaos, More Coping

11:00 am Community Circle

11:30 am Lunch

12:15 pm Healing Through Art

1:30 pm Popcorn Pals



Thursday

9:30 am Stretching

10:00 am Snack & Chat

11:00 am Community Circle

11:30 am Lunch

12:15 pm Women's Empowerment

1:30 pm Mindful Men



Special Events

Monday 9/1 CLOSED

Friday 9/5 Minerals, Fossils, & Gems Show

Thursday 9/11 Member Forum at 11am

Friday 9/12 Wings Over the Rockies Museum

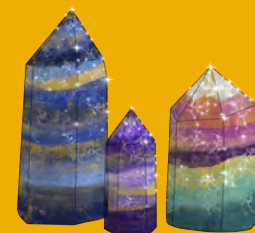
Monday 9/15 Picnic in Golden

Weds. 9/17 CAP Meeting at 11am

Thursday 9/18 Member Story

Friday 9/19 Birthday Bash Bingo

Friday 9/26 Community Clean-up Day



Ancillary Services (open M - F except 11 am - 12:30 pm):

Case Management | Clothing Closet | Peer Support | Food Pantry

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm

September Menu

Served Monday - Friday, 11:30 am - 12 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 LABOR DAY CENTER CLOSED	2 Pancakes, Egg Rounds, & Bacon	3 Hot Dogs, Fries, & Corn	4 Asian Noodles & Stir Fry Veggies	5 Sack Lunches	6 
7	8 Spaghetti with Sausage & Garlic Bread	9 Southwest Chicken & Rice	10 Chicken Alfredo Flat Bread & Chips	11 Breakfast Pizza Bagels & Hashbrowns	12 Sack Lunches	13 
14	15 Sack Lunches	16 Meatballs in Gravy & Mashed Potatoes	17 Chicken Chili & Crackers	18 Chile Rojo & Rice	19	20 Loaded Nachos & Birthday Cake 
21	22 Biscuits, Gravy, Sausage, & Eggs	23 Tacos & Spanish Rice	24 Hamburger Goulash & rolls	25 Cheesy Chicken & Broccoli Rice	26 Pizza	27 
28	29 Country Bowl	30 Mongolian Ground Beef & Noodles				

*Meals are subject to change without notice.