

Reach Beyond

Your monthly update on behavioral health in Adams County.

Greetings!

In July, we welcomed Amanda Jones, MA, LPC, CAS, as Community Reach Center's new Chief Executive Officer. With over 27 years of service at CRC, Amanda brings a deep commitment to our mission to enhance the health of our community.



From her early days as a behavioral health counselor to her leadership as Clinical Director, Amanda has seen firsthand the dedication, collaboration, and compassion it takes to support individuals in need.

She believes that every role plays a vital part in strengthening our community's mental health. As Amanda steps into this new chapter, she shares her commitment to building upon CRC's strong foundation of guiding principles:

- **Employee Committed** - Fostering a workplace where staff feel supported, valued, and connected to the mission.
- **Consumer-Centered** - Upholding care that is rooted in compassion, respect, and individualized support.
- **Partner Oriented** - Strengthening collaboration with community partners to expand access and deliver whole-person care.
- **Financially Responsible**: Making thoughtful decisions that support long-term sustainability and organizational growth.

“Innovation, collaboration, and compassion will continue to guide our work. I'm excited to build on what we've accomplished and lead CRC into its next phase of impact.”

— Amanda Jones, Chief Executive Officer

In the months ahead, we look forward to sharing exciting agency updates and amplifying the voices of our consumers, staff, and community partners. Together, we will continue to inspire hope and support individuals along their journey to recovery.

In Focus: Preventing Suicide in the Community

This month is Suicide Prevention Month, and Community Reach Center proudly participated in the recent Out of the Darkness walk in Denver. Together, we joined thousands of others in raising awareness and support for suicide prevention. We had a record-breaking turnout of CRC staff walking side by side with our community to honor lives lost, uplift survivors, and stand together for hope.



Among those walking was Emma Wallingford, a clinician at Stages - Acute

Treatment Unit. Her dedication to suicide prevention runs deep and was recently shared in CRC's podcast series, Reach for Wellness. In this episode, Emma shared her passion for leading our suicide prevention group, where clients have a safe and supportive space to share their struggles without fear or judgment. Her commitment to this work began with a simple yet powerful personal mission of never wanting anyone to feel like they have to suffer in silence. Through her groups, Emma helps clients find connection, build resilience, and hope. To tune into this month's episode, watch the video below.



This commitment to prevention also shines through CRC's new engagement model, designed to help individuals navigate their mental health journeys by fostering multiple touchpoints with providers in a single treatment week. By increasing engagement through individual and group therapy, peer support, care management, and more, clients can establish healthy routines at our outpatient clinics, address challenges early on, and reach their goals. These frequent sessions help foster positive changes over time and become an important step in reducing suicide risk and strengthening overall mental health.

Together, our staff, community, and clients remind us that suicide prevention is not just about awareness; it's about action, connection, and creating safe spaces where no one has to struggle in silence.

Mental Health Minute: Know the Signs



Recognizing the warning signs of suicide can make a life-saving difference, especially if a loved one's behavior is new, has recently increased, or follows a painful event, loss, or major change. By learning the signs, you can play an important role in preventing suicide. If you or someone you know is struggling, help is available. Call or text the 988 Suicide & Crisis Lifeline for support.

Reference: 988 Lifeline Warning Signs

[Know the Signs](#)

Community Corner: Connection in Action



This month, our staff attended the Colorado Behavioral Health Council's Annual Conference in Breckenridge, Colorado. This conference offered valuable training sessions, opportunities to connect with peers, and deeper insight into our community's behavioral health



For the second year in a row, the City of Westminster's Youth Advisory Panel has generously donated hygiene kits for youth living at the Empowerment Center for Adolescents. For youth living in shelter settings, having access to hygiene essentials can offer

needs. Experiences like this strengthen our ability to collaborate and expand access to care.

more than just comfort, it can boost mental health. Thank you for your continued partnership and donations.

Better Together: Events Spotlight



Mark Your Calendars for Monday, October 13th!

Community Reach Center is excited to share mental health information and resources at the upcoming Post Adoption Resource Fair, hosted by Adams County. The fair will take place from 3 – 6 PM at the [Adams County Human Services Building](#). If you're a parent or simply interested in local health resources, we invite you to stop by and connect with us.

Careers in Mental Health: Join CRC's Mission to Make a Difference

Are you passionate about mental health and making a difference in people's lives? Community Reach Center is always seeking dedicated and compassionate individuals to join our team. We value diversity in backgrounds, experiences, and skillsets. Explore a career where your work truly matters!

- [Child Psychiatrist](#)
- [Clinician, PRN](#)
- [Care Manager](#)
- [FNP or PA - Acute Treatment Unit](#)
- [Psychiatrist](#)
- [Program Manager, Behavioral Health](#)
- [Supported Employment Specialist](#)

Interested in Working at CRC? Apply Today!

Community Reach Center is a proud recipient of the 2024 bronze-level Healthy Workforce Designation for demonstrating a strong commitment to improving the health and vitality of its employees through a workplace well-being program.



Support Community Mental Health

You can help save lives in Adams County. A donation to Community Reach Center ensures people on Medicaid receive essential mental health care, regardless of their ability to pay.



Donate Today



To enhance the health of our community.

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Get In Touch



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