

Reach Beyond

Your monthly update on behavioral health in Adams County.



Greetings!

At CRC, we believe there's no wrong door to accessing mental health care. During October, we're embracing the season with a focus on wellness, awareness, and appreciation.

This month's theme, Mental Health Isn't Spooky, is a reminder that seeking support and practicing self-care should feel safe and not scary. Whether you're taking a Mental Health First Aid class, scheduling your first therapy appointment, or stopping by our new Walk-in Crisis & Resource Center, our team is here to welcome you and help you navigate your mental health journey.

In this month's newsletter, we're excited to introduce our new Walk-in Crisis & Resource Center, highlight ways to connect with care, and continue spreading the message that mental health is never something to fear.

In Focus: Walk-in Crisis & Resource Center (WCRC)

Mental health needs in our community continue to grow. Nearly 1 in 5 adults and 1 in 4 youth in Adams County report struggling with their mental health. To meet this need, we're proud to announce the opening of our Walk-in Crisis & Resource Center (WCRC).

WCRC is designed to provide immediate and barrier-free support for anyone experiencing an urgent behavioral health concern or seeking local resources. With no appointment necessary, community members can walk in and receive crisis screening, intervention, navigation, peer support, and skills training from our dedicated team.

This new center strengthens our continuum of care and ensures that help is available when and where it's needed most.



In keeping with our trauma-informed approach, the space has been intentionally designed to promote safety and healing. One of the most stunning features of the new center is the serene mural that greets clients as they enter. This masterpiece, painted by Rock Fritz, one of our talented Program Managers, transforms the space into a tranquil and grounding environment.

This isn't Rock's first mural at CRC. He's also created breathtaking pieces at our Empowerment Center for Adolescents. A heartfelt thank you to Rock for sharing your artistry and helping make CRC's spaces even more welcoming and calming for our community.



Our commitment to expanding mental health awareness and care doesn't stop there. For World Mental Health Day on October 10th, our staff came together to create an inspiring video that reminds us that one simple question can change someone's day. From expanding programs in Adams County to checking in with one another, no matter how big or small, these meaningful efforts make a lasting difference in supporting mental health across our community.



Mental Health Minute: Know the Signs



Supporting someone who may be struggling with their mental health is one of the most meaningful ways to make a difference. With nearly 1 in 5 people in the U.S. living with a mental illness, chances are someone close to you is affected. Learning how to recognize the signs and respond with care can make all the difference.

Reference: National Council for Mental Wellbeing

[Ten Ways to Help](#)

Community Corner: Connection in Action



This month, our clinical staff had the opportunity to attend the Back to Health Breakfast, hosted by Kids First Health Care. The event brought together community leaders, health professionals, and advocates



Our Mental Health First Aid (MHFA) classes continue to thrive, and we're grateful for the opportunity to provide mental health education at The Empowerment Program of Colorado. It's truly inspiring to

dedicated to improving the health and well-being of children across Adams County and beyond. Events like these remind us how powerful collaboration can be in creating healthier communities and ensuring every child has the chance to thrive.

collaborate with local nonprofits who share our passion for expanding access to mental health services across Denver. Together, we're helping to educate, empower, and destigmatize mental health through meaningful classes.

Better Together: Events Spotlight



Mark Your Calendars for AWARE Center's Monster Mash Bash for Adults on Friday, October 31st

Where: [AWARE Center](#)

690 W 84th Ave, Thornton, CO 80260

When: October 31st from 11:30 AM - 4 PM

What: Stop by the AWARE Center for a spooktacular day filled with free lunch, spooky games, and activities.

Careers in Mental Health: Join CRC's Mission to Make a Difference

Are you passionate about mental health and making a difference in people's lives? Community Reach Center is always seeking dedicated and compassionate individuals to join our team. We value diversity in backgrounds, experiences, and skillsets. Explore a career where your work truly matters!

- [Care Manager](#)
- [Child Psychiatrist](#)
- [FNP or PA - Acute Treatment Unit](#)
- [Supported Employment Specialist](#)

- [Therapist, Outpatient](#)
- [Therapist, Unlicensed - Assertive Community Treatment](#)
- [Youth Shelter Technician](#)

Interested in Working at CRC? Apply Today!

Community Reach Center is a proud recipient of the 2024 bronze-level Healthy Workforce Designation for demonstrating a strong commitment to improving the health and vitality of its employees through a workplace well-being program.



Support Community Mental Health

You can help save lives in Adams County. A donation to Community Reach Center ensures people on Medicaid receive essential mental health care, regardless of their ability to pay.



Donate Today



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To enhance the health of our community.

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