

Monday

Brain Morning Activation

 **9:15 AM**
Trivia & Games

 **10:00 AM**
Rise & Thrive

Connection

 **11:00 AM**
Community Circle

 **11:30 AM**
Lunch

Activities

 **12:15 PM**
Sports Talk

 **1:30 PM**
Reader's Retreat

Spirit Week

12/22 Silly Socks Day



Tuesday

Body Morning Activation

 **9:30 AM**
Calm Within

 **10:45 AM**
Stretch & De-stress

Connection

 **11:00 AM**
Community Circle

 **11:30 AM**
Lunch

Wellness

 **12:15 PM**
Rooted Within

 **1:30 PM**
Coping Companions

Spirit Week

12/23 Beanie Day



Wednesday

Brain Morning Activation

 **9:15 AM**
Wellness Wednesday

 **10:00 AM**
Less Chaos, More Coping

Connection

 **11:00 AM**
Community Circle

 **11:30 AM**
Lunch

Arts

 **12:30 PM**
Healing Through Art

Spirit Week

12/24 Ugly Sweater Day



Thursday

Body Morning Activation

 **9:30 AM**
Snack & Chat

 **10:45 AM**
Stretch & De-Stress

Connection

 **11:00 AM**
Community Circle

 **11:30 AM**
Lunch

Recovery & Empowerment

 **12:15 PM**
Women's Empowerment

 **1:30 PM**
Mindful Men

12/25 CENTER CLOSED



Events & Community

Friday 12/5 Celestial Seasonings

Thursday 12/11 Member Forum

Friday 12/12 Birthday Bash Bingo

Tuesday 12/16 CRC Holiday Party

Weds. 12/17 Consumer Advisory Panel

Friday 12/19 Crafting & Cookies

Thursday 12/25 CENTER CLOSED

Friday 12/26 Holiday Movie & Cocoa

Spirit Week
12/26 Pajama Day



Ancillary Services (open M - F except 11 am - 12:30 pm):

Case Management | Clothing Closet | Peer Support | Food Pantry

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm

DECEMBER MENU

Served Monday - Friday, 11:30 am - 12 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Country Bowl	2 Asian Noodles	3 Chicken Chili & Crackers	4 Chorizo, Potato, & Egg Burritos with Tater Tots	5 Sack Lunches 	6
7	8 Potato Soup & Garlic Bread	9 Beef Stroganoff	10 Breakfast Bagel & Hashbrowns	11 Enchiladas, Rice, & Beans	12 Loaded Nachos & Birthday Cake	13 
14	15 Cheesy Rice with Chicken & Broccoli	16 Lunch at the Holiday Party	17 Chicken Alfredo	18 Biscuits & Gravy, Eggs, & Sausage	19 Holiday Dinner 	20
21	22 Spaghetti with Meatballs	23 Pancakes, Egg Rounds, & Bacon	24 Broccoli Cheddar Soup with Chicken	25 HAPPY HOLIDAYS CENTER CLOSED	26 Pizza	27 
28	29 Smothered Burritos & Rice	30 Bell Pepper Casserole	31 New Year's Eve Meal	HAPPY NEW YEAR! CENTER CLOSED		

*Meals are subject to change without notice.