

Reach Beyond

Your monthly update on behavioral health in Adams County.



Greetings!

A new year invites reflection, growth, and the courage to imagine what's possible. While routines may shift and goals take shape, our purpose remains constant: to walk alongside you with personalized and compassionate mental health care, every step of the way.

That commitment comes to life in many ways. From our outpatient services across Adams County, 24/7 crisis support for those who need care at any hour, to community- and home-based care that stabilizes individuals and families in the comfort of familiar spaces.

Whether your goal this year is to talk with someone who truly understands, navigate grief or loss, strengthen relationships, or build skills to manage stress and anxiety, your reason for seeking care matters. In fact, it is our why. It fuels our dedication to delivering engaging care that empowers you to move forward, this year and beyond.

In Focus: Taking That First Step

Beginning outpatient care can feel like a big step, but it's often the one that opens the door to meaningful change. Outpatient services provide a supportive starting point for individuals seeking guidance, stability, and tools to navigate life's challenges while continuing to live, work, and care for their families.

Our outpatient care includes a full range of services designed to meet you where you are. This includes behavioral health assessments and connections to individual, group, or family therapy. We take the time to understand your needs and connect you with a therapist who is the right fit for you.

To make starting care as easy as possible, each of our locations offers new client walk-in days. These walk-in opportunities are designed to remove barriers, allowing individuals to enroll in therapy, ask questions, and get connected to care without needing an appointment. Check out our new client walk-in days at each of our locations below. We're here when you're ready.



Brighton Outpatient

Address: 1850 E. Egbert Street
Ste. 200, Brighton, CO 80601

New Client Walk-in Day:
Wednesdays from 8 – 10 AM



Northglenn Outpatient

Address: 11285 Highline Drive
Northglenn, CO 80233

New Client Walk-in Day:
Thursdays from 8 – 10 AM



Thornton Outpatient

Address: 8931 Huron Street
Thornton, CO 80260

New Client Walk-in Day:
Mondays and Tuesdays from
8 – 10 AM

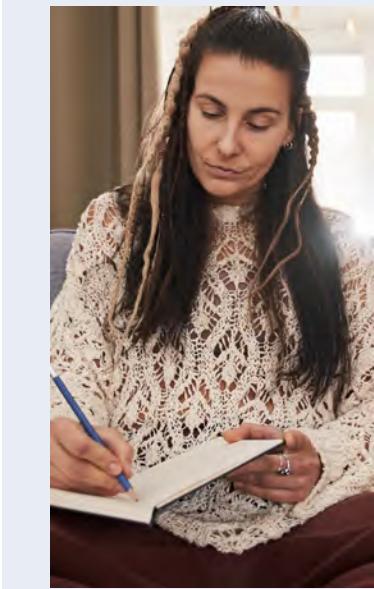


Westminster Outpatient

Address: 3621 W. 73rd
Avenue, Westminster, CO
80030

New Client Walk-in Day:
Wednesdays from 8 – 10 AM

Mental Health Minute: Make Mental Health a Priority in 2026



As 2026 begins, it's important to remember to invest in your mental well-being.

You can start by doing a simple check-in with yourself. This can look like asking yourself how you are doing, creating space to acknowledge your feelings, and discovering what your needs are in the new year.

Once you identify your needs, use SMART Goals to make planning for the future and goal-setting easier than ever. If you would like to learn more, please read the article below.

Reference: National Alliance on Mental Illness

[Creating SMART Goals for 2026](#)

Partner Oriented: Community in Action



We are grateful for our new community partnership with [Homeward Alliance](#). After learning about our need for reusable water bottles and warm winter socks, they generously donated more than 70 water bottles and pairs of socks to help stock our clothing and resource closets for clients. Our closets at the AWARE Center and the Walk-in Crisis & Resource Center are now equipped with essential items including clothing, water bottles, backpacks, and hygiene supplies, to meet immediate needs when clients walk through our doors.

This month, we were excited to kick off the new year with a special client field trip to the Denver Zoo Lights. Experiences like these give us the chance to step outside of our daily routines, connect with one another, and celebrate the joy of being part of a community. As our clients walked through the glowing displays, we were reminded how meaningful it is to create lasting memories, strengthen connections, and spread a little extra light during the winter season. Thank you to the [Denver Zoo Conservation Alliance](#) for welcoming us!

Better Together: Events Spotlight



Mark Your Calendars: Health & Wellness Fair

Where: [CenterTech Campus](#)

16000 E CentreTech Pkwy

Aurora, CO 80011

When: Monday, February 9th, from 10:30 AM - 1:30 PM

What: Join us with the Community College of Aurora to discuss information about the healthcare field and mental health.

Careers in Mental Health: Join CRC's Mission to Make a Difference

Are you passionate about mental health and making a difference in people's lives? Community Reach Center is always seeking dedicated and compassionate individuals to join our team. We value diversity in backgrounds, experiences, and skillsets. Explore a career where your work truly matters!

- [Behavioral Health Technician - PRN](#)
- [Behavioral Health Technician - Floats \(Overnights\)](#)
- [Behavioral Technician - Youth Shelter \(PRN\)](#)
- [Crisis Navigator](#)
- [Unpaid Bilingual MSW Intern - Concentration Year](#)
- [Nurse \(PRN\)](#)
- [School-Based Therapist](#)

Interested in working at CRC? Apply today!

Support Community Mental Health

You can help save lives in Adams County. A donation to Community Reach Center ensures people on Medicaid receive essential mental health care, regardless of their ability to pay.

[Donate Today](#)



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To enhance the health of our community.

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