





# March Calendar


## Monday


### Brain Morning Activation

 9:15 AM  
Trivia & Games

 10:00 AM  
Read & Recharge


### Connection

 11:00 AM  
Community Circle

 11:30 AM  
Lunch

### Activities


 12:15 PM  
Sports Talk


 1:30 PM  
Reader's Retreat




## Tuesday

### Body Morning Activation

 9:30 AM  
Rooted Within


 10:45 AM  
Stretch & De-stress


### Connection

 11:00 AM  
Community Circle

 11:30 AM  
Lunch

### Wellness

 12:15 PM  
Calm Within


 1:30 PM  
Truth Seekers




## Wednesday

### Brain Morning Activation

 9:30 AM  
Wellness Wednesday


 10:00 AM  
Life Skills for Stability

### Connection

 11:00 AM  
Community Circle

 11:30 AM  
Lunch


### Arts


 12:30 PM  
Healing Through Art



## Thursday

### Body Morning Activation

 9:30 AM  
Snack Safari

 10:45 AM  
Stretch & De-Stress


### Connection

 11:00 AM  
Community Circle

 11:30 AM  
Lunch

### Recovery & Empowerment

 12:15 PM  
Women's Empowerment

 1:30 PM  
Mindful Men



## Events & Community

**Friday 3/6** Karaoke & Games

**Tuesday 3/10** Denver Art Museum

**Friday 3/13** Compassion in Action

**Friday 3/13** LGBTQIA+ Connection

**Weds. 3/18** Consumer Advisory Panel

**Weds. 3/18** Romeo & Juliet Play

**Friday 3/20** Recovery Movie

**Monday 3/23** Thornton's 70<sup>th</sup> Anniversary Exhibit

**Friday 3/27** Birthday Bash Bingo



**Ancillary Services** (open M - F except 11 am - 12:30 pm):

Case Management | Clothing Closet | Peer Support | Food Pantry

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm

# March Menu

Served Monday - Friday, 11:30 am - 12 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Hard Tacos & Rice	3 Chicken Pasta Casserole	4 Chicken Chili & Crackers	5 Breakfast Bagel & Hashbrowns	6 Pizza	7 
8	9 Pancakes, Egg Rounds, & Bacon	10 Sack Lunches	11 Cuban Beans & Rice	12 Zuppa Toscana	13 Sack Lunches	14 
15	16 Creamy Beef Pasta	17 Chorizo, Potato, & Egg Burritos with Tater Tots	18 Chicken, Bacon, & Ranch Pasta	19 Meatballs & Mashed Potatoes with Gravy	20 Chicken Fried Rice & Egg Rolls	21 
22	23 Sack Lunches	24 Biscuits, Gravy, Sausage, & Eggs	25 Country Bowl	26 Sausage Spaghetti & Garlic Bread	27 Loaded Nachos & Birthday Cake	28 
29	30 Bell Pepper Casserole	31 Chicken Alfredo Flat Bread & Chips				

\*Meals are subject to change without notice.