



March Calendar

Monday

Brain Morning Activation

 **9:15 AM**
Trivia & Games

 **10:00 AM**
Read & Recharge

Connection

 **11:00 AM**
Community Circle

 **11:30 AM**
Lunch

Activities

 **12:15 PM**
Sports Talk

 **1:30 PM**
Reader's Retreat



Tuesday

Body Morning Activation

 **9:30 AM**
Rooted Within

 **10:45 AM**
Stretch & De-stress

Connection

 **11:00 AM**
Community Circle

 **11:30 AM**
Lunch

Wellness

 **12:15 PM**
Calm Within

 **1:30 PM**
Truth Seekers



Wednesday

Brain Morning Activation

 **9:30 AM**
Wellness Wednesday

 **10:00 AM**
Life Skills for Stability

Connection

 **11:00 AM**
Community Circle

 **11:30 AM**
Lunch

Arts

 **12:30 PM**
Healing Through Art



Thursday

Body Morning Activation

 **9:30 AM**
Snack Safari

 **10:45 AM**
Stretch & De-Stress

Connection

 **11:00 AM**
Community Circle

 **11:30 AM**
Lunch

Recovery & Empowerment

 **12:15 PM**
Women's Empowerment

 **1:30 PM**
Mindful Men



Events & Community

Friday 3/6 Karaoke & Games

Tuesday 3/10 Denver Art Museum

Friday 3/13 Compassion in Action

Friday 3/13 LGBTQIA+ Connection

Weds. 3/18 Consumer Advisory Panel

Weds. 3/18 Romeo & Juliet Play

Friday 3/20 Recovery Movie

Monday 3/23 Thornton's 70th Anniversary Exhibit

Friday 3/27 Birthday Bash Bingo



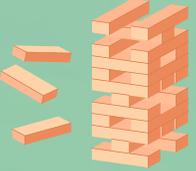
Ancillary Services (open M - F except 11 am - 12:30 pm):

Case Management | Clothing Closet | Peer Support | Food Pantry

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm

March Menu

Served Monday - Friday, 11:30 am - 12 pm

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|------------------------------------|---|-------------------------------------|--|--------------------------------------|---|
| 1 | 2 Hard Tacos & Rice | 3 Chicken Pasta Casserole | 4 Chicken Chili & Crackers | 5 Breakfast Bagel & Hashbrowns | 6 Pizza | 7  |
| 8 | 9 Pancakes, Egg Rounds, & Bacon | 10 Sack Lunches | 11 Cuban Beans & Rice | 12 Zuppa Toscana | 13 Sack Lunches | 14  |
| 15 | 16 Creamy Beef Pasta | 17 Chorizo, Potato, & Egg Burritos with Tater Tots | 18 Chicken, Bacon, & Ranch Pasta | 19 Meatballs & Mashed Potatoes with Gravy | 20 Chicken Fried Rice & Egg Rolls | 21  |
| 22 | 23 Sack Lunches | 24 Biscuits, Gravy, Sausage, & Eggs | 25 Country Bowl | 26 Sausage Spaghetti & Garlic Bread | 27 Loaded Nachos & Birthday Cake | 28  |
| 29 | 30 Bell Pepper Casserole | 31 Chicken Alfredo Flat Bread & Chips | | | | |

*Meals are subject to change without notice.