



# June Calendar

## MONDAY

### Brain Morning Activation

**9:30 am** Trivia & Games

**10:45 am** Moving Mindfully

**11:15 am** Pick Your Next Adventure!

**11:30 am** Lunch

**12:15 pm** Sports Talk

**1:30 pm** Readers Retreat



## TUESDAY

### Body Morning Activation

**10:00 am** Rooted Within

**11:15 am** Pick Your Next Adventure!

**11:30 am** Lunch

**12:15 pm** WHAM

**1:30 pm** LGBTQIA+ Connection



## WEDNESDAY

### Brain Morning Activation

**9:30 am** Walk in the Park

**10:00 am**

**11:00 am** Community Circle

**11:30 am** Lunch

**12:15 pm** Healing Through Art 6.3 & 17

**12:15 pm** Redline Art Center 6.10 & 24



## THURSDAY

### Body Morning Activation

**9:30 am** Snack Safari

**10:45 am** Moving Mindfully

**11:15 am** Pick Your Next Adventure!

**11:30 am** Lunch

**12:15 pm** Write Your Story

**1:30 pm** Mindful Men



## SPECIAL EVENTS

### Brain Morning Activation

**Fridays 10:15 am** Musical Fridays!

**Wed. 6/3** Member Forum

**Friday 6/5** Denver Botanical Gardens

**Friday 6/12** Birthday Bash Bingo

**Wed. 6/17** CAP Meeting

**Friday 6/19** CENTER CLOSED!

**Friday 6/26** 4-Mile Historic Park



**Ancillary Services** (open M - F except 11 am - 12:30 pm):

Case Management | Clothing Closet | Peer Support | Food Pantry

690 W. 84th Ave. Thornton, CO 80260 | 303-451-4288 | M - Th, 8:30 am - 4 pm | Fri, 10 am - 4 pm